



10 Km

Place	Temps	Dossard	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Club/Equipe/Assoc
1	0h 39m 27s	1266	CONROIX Christophe	-	15,209	3m 57s	M	1 V1M	1 / 38 Leyrenne AC
2	0h 40m 32s	1360	GORGET Franck	1m 05s	14,803	4m 03s	M	2 V1M	2 / 38 Montluçon Athlétisme
3	0h 40m 49s	1376	LASCOUGIRAUD Laurent	1m 22s	14,697	4m 05s	M	3 SEM	1 / 30 Leyrenne AC
4	0h 42m 05s	1385	GAUJOUR Yannick	2m 38s	14,259	4m 12s	M	4 V1M	3 / 38 ASPTT Niort
5	0h 42m 21s	1368	DALLOT Jerome	2m 54s	14,166	4m 14s	M	5 SEM	2 / 30 Leyrenne AC
6	0h 42m 24s	1362	DEL MORAL Luis	2m 57s	14,151	4m 14s	M	6 V2M	1 / 24 Indre AC - ACS Buzançais
7	0h 42m 52s	1384	DEFRENNE Quentin	3m 25s	13,997	4m 17s	M	7 SEM	3 / 30 Amitié Nature Montluçon
8	0h 42m 54s	1319	GAUMET Franck	3m 27s	13,983	4m 17s	M	8 V1M	4 / 38 BSMAT Guéret
9	0h 43m 38s	1337	CARPENTIER Crhistophe	4m 11s	13,753	4m 22s	M	9 V1M	5 / 38 Coureur du Monde en Isère
10	0h 43m 43s	1352	BOURRAS Michel	4m 16s	13,724	4m 22s	M	10 V1M	6 / 38 BSMAT Guéret
11	0h 43m 52s	1271	BOUDEAUD Joan	4m 25s	13,677	4m 23s	M	11 SEM	4 / 30 Amitié Nature Montluçon
12	0h 44m 03s	1315	CHASSAGNOLE Bastien	4m 36s	13,621	4m 24s	M	12 CAM	1 / 2 Amitié Nature Montluçon
13	0h 44m 03s	1340	GREFFION Laurent	4m 36s	13,620	4m 24s	M	13 V1M	7 / 38 Tri-Sud 18
14	0h 44m 43s	1393	DUFETEL Jeremie	5m 16s	13,418	4m 28s	M	14 SEM	5 / 30 St Georges la Rouge
15	0h 45m 14s	1260	BARRE Lionel	5m 47s	13,267	4m 31s	M	15 SEM	6 / 30 FVP Boussac
16	0h 45m 47s	1292	COUTURIER Christophe	6m 20s	13,107	4m 35s	M	16 SEM	7 / 30 Amitié Nature Montluçon
17	0h 45m 48s	1372	GIRAUD Antoine	6m 21s	13,101	4m 35s	M	17 SEM	8 / 30 SAM Gueret
18	0h 45m 54s	1371	MILLET Anthony	6m 27s	13,073	4m 35s	M	18 SEM	9 / 30 Team Troop Enduro
19	0h 46m 03s	1324	MARTIAL Jean Luc	6m 36s	13,029	4m 36s	M	19 V2M	2 / 24 BSMAT Guéret
20	0h 46m 42s	1346	PERROT Nicolas	7m 15s	12,848	4m 40s	M	20 SEM	10 / 30
21	0h 46m 42s	1321	LACOTE Sylvain	7m 15s	12,847	4m 40s	M	21 V1M	8 / 38 BSMAT Guéret
22	0h 46m 44s	1330	CHEZEAU Jérôme	7m 17s	12,840	4m 40s	M	22 V1M	9 / 38 Leyrenne AC
23	0h 46m 58s	1300	DEPOURTOUX Didier	7m 31s	12,774	4m 42s	M	23 V1M	10 / 38 Amitié Nature Montluçon
24	0h 47m 02s	1314	LAURENT Eric	7m 35s	12,756	4m 42s	M	24 V1M	11 / 38 Amitié Nature Montluçon
25	0h 47m 15s	1268	LARUELLE Nicolas	7m 48s	12,699	4m 43s	M	25 SEM	11 / 30
26	0h 47m 25s	1341	MAHAUT Patrice	7m 58s	12,655	4m 44s	M	26 V1M	12 / 38 FVP Boussac
27	0h 47m 28s	1288	FOUCAUX Eric	8m 01s	12,642	4m 45s	M	27 V1M	13 / 38 Amitié Nature Montluçon
28	0h 47m 40s	1259	TOGO Tony	8m 13s	12,587	4m 46s	M	28 V1M	14 / 38
29	0h 47m 45s	1344	BOURSAUD Franck	8m 18s	12,566	4m 46s	M	29 V1M	15 / 38
30	0h 47m 47s	1317	BERTHOU Jacques	8m 20s	12,556	4m 47s	M	30 V3M	1 / 10 BSMAT Guéret
31	0h 47m 59s	1265	LAURENT Patrick	8m 32s	12,506	4m 48s	M	31 V1M	16 / 38 FVP Boussac
32	0h 48m 00s	1374	MATHIEU Mehl	8m 33s	12,500	4m 48s	M	32 JUM	1 / 1 Montluçon Athlétisme
33	0h 48m 11s	1387	BOUILLET Philippe	8m 44s	12,454	4m 49s	M	33 SEM	12 / 30 Pionnat
34	0h 48m 44s	1334	CHALARD Jérôme	9m 17s	12,310	4m 52s	M	34	
35	0h 48m 56s	1332	DEPARDIEU Patrick	9m 29s	12,263	4m 54s	M	35 V2M	3 / 24 Leyrenne AC
36	0h 49m 25s	1325	PAILLER Serge	9m 58s	12,142	4m 56s	M	36 V2M	4 / 24 BSMAT Guéret
37	0h 49m 27s	1286	PELLANGEON Jean Pierre	10m 00s	12,133	4m 57s	M	37 V2M	5 / 24 Leyrenne AC
38	0h 49m 29s	1273	RAZET Vivien	10m 02s	12,124	4m 57s	M	38 SEM	13 / 30
39	0h 49m 30s	1290	DA SILVA Antoine	10m 03s	12,120	4m 57s	M	39 V1M	17 / 38 Amitié Nature Montluçon
40	0h 50m 09s	1305	ORIOLE Eric	10m 42s	11,965	5m 01s	M	40 V2M	6 / 24 Amitié Nature Montluçon



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41	0h 50m 19s	1257	VEDIE Cyril	10m 52s	11,925	5m 02s	M	41 SEM 14 / 30	FVP Boussac
42	0h 50m 19s	1270	BOUDEAUD Joel	10m 52s	11,923	5m 02s	M	42 V3M 2 / 10	
43	0h 50m 23s	1277	BOUCHARD Luc	10m 56s	11,910	5m 02s	M	43 V2M 7 / 24	
44	0h 50m 29s	1350	PARRY Eric	11m 02s	11,884	5m 03s	M	44 V1M 18 / 38	EA Aubusson
45	0h 51m 07s	1389	GUILLOT Didier	11m 40s	11,738	5m 07s	M	45 V1M 19 / 38	St Priest la Marche
46	0h 51m 17s	1272	SCARINGELLA Florence	11m 50s	11,700	5m 08s	F	1 V1F 1 / 8	BSMAT Guéret
47	0h 51m 26s	1269	PROVOT Damien	11m 59s	11,665	5m 09s	M	46 SEM 15 / 30	Les Foulées de la Vallée Noire - Mers/Indre
48	0h 51m 33s	1358	JOLLY Eric	12m 06s	11,638	5m 09s	M	47 V1M 20 / 38	AXEREAL Athlétisme
49	0h 51m 36s	1338	CLAVAUD José	12m 09s	11,629	5m 10s	M	48 V2M 8 / 24	FVP Boussac
50	0h 51m 56s	1298	PIAT Norbert	12m 29s	11,554	5m 12s	M	49 V1M 21 / 38	Amitié Nature Montluçon
51	0h 52m 08s	1386	LACOTE Olivier	12m 41s	11,508	5m 13s	M	50 SEM 16 / 30	Endurance 23 - La Souterraine
52	0h 52m 12s	1283	POUCHIN Eric	12m 45s	11,495	5m 13s	M	51 V1M 22 / 38	FVP Boussac
53	0h 52m 14s	1383	HAMEL Francois	12m 47s	11,488	5m 13s	M	52 V1M 23 / 38	Leyrenne AC
54	0h 52m 28s	1310	RICHARD Patrick	13m 01s	11,437	5m 15s	M	53 V2M 9 / 24	Amitié Nature Montluçon
55	0h 52m 28s	1370	DUBUS Fabien	13m 01s	11,435	5m 15s	M	54 V1M 24 / 38	Endurance 23 - La Souterraine
56	0h 52m 34s	1301	BOTTE Frédéric	13m 07s	11,414	5m 15s	M	55 V2M 10 / 24	Amitié Nature Montluçon
57	0h 52m 36s	1294	CAILLOT Gilles	13m 09s	11,408	5m 16s	M	56 SEM 17 / 30	Amitié Nature Montluçon
58	0h 52m 49s	1390	ANDRAL Franck	13m 22s	11,360	5m 17s	M	57 SEM 18 / 30	FVP Boussac
59	0h 53m 06s	1287	ERRANT Patrice	13m 39s	11,301	5m 19s	M	58 V1M 25 / 38	
60	0h 53m 10s	1388	MERCIER Philippe	13m 43s	11,284	5m 19s	M	59 V1M 26 / 38	Préveranges
61	0h 53m 11s	1366	GUERINEAU Alain	13m 44s	11,283	5m 19s	M	60 SEM 19 / 30	
62	0h 53m 15s	1335	EXBRAYAT Jean Luc	13m 48s	11,267	5m 20s	M	61 V2M 11 / 24	Leyrenne AC
63	0h 53m 16s	1339	PRADEAU Jean	13m 49s	11,262	5m 20s	M	62 V3M 3 / 10	Leyrenne AC
64	0h 53m 30s	1355	GALLITRE Gerard	14m 03s	11,216	5m 21s	M	63 V2M 12 / 24	EA Aubusson
65	0h 53m 54s	1379	AUBRUN Fabien	14m 27s	11,131	5m 23s	M	64 SEM 20 / 30	Gueret
66	0h 53m 57s	1258	DEBERGE Pascal	14m 30s	11,122	5m 24s	M	65 V1M 27 / 38	FVP Boussac
67	0h 54m 00s	1306	TEMPERE Thierry	14m 33s	11,112	5m 24s	M	66 V1M 28 / 38	Amitié Nature Montluçon
68	0h 54m 05s	1331	MICOURAUD Laurent	14m 38s	11,095	5m 24s	M	67 SEM 21 / 30	
69	0h 54m 31s	1348	BOYER Jean Pierre	15m 04s	11,006	5m 27s	M	68 V4M 1 / 3	FVP Boussac
70	0h 54m 44s	1361	SIMON Bruno	15m 17s	10,963	5m 28s	M	69 V2M 13 / 24	Ahun
71	0h 55m 04s	1311	CHASSAGNOLE Jean Marc	15m 37s	10,896	5m 30s	M	70 V1M 29 / 38	Amitié Nature Montluçon
72	0h 55m 48s	1323	MARCON Michel	16m 21s	10,753	5m 35s	M	71 V2M 14 / 24	BSMAT Guéret
73	0h 55m 52s	1320	GUYONNET Pascal	16m 25s	10,741	5m 35s	M	72 V1M 30 / 38	BSMAT Guéret
74	0h 56m 16s	1326	PLUYAUD Jean François	16m 49s	10,662	5m 38s	M	73 V1M 31 / 38	BSMAT Guéret
75	0h 56m 18s	1380	BOURSAUD Alexis	16m 51s	10,656	5m 38s	M	74 CAM 2 / 2	Boussac Bourg
76	0h 56m 19s	1327	RADAN Richard	16m 52s	10,655	5m 38s	M	75 V1M 32 / 38	BSMAT Guéret
77	0h 56m 29s	1275	LAFAYE Damien	17m 02s	10,622	5m 39s	M	76 SEM 22 / 30	
78	0h 56m 47s	1329	GRANDJEAN Thierry	17m 20s	10,565	5m 41s	M	77 V1M 33 / 38	FVP Boussac
79	0h 56m 51s	1333	PARANTON Tony	17m 24s	10,554	5m 41s	M	78 ESM 1 / 1	
80	0h 56m 59s	1349	PRADEAU Blandine	17m 32s	10,528	5m 42s	F	2 ESF 1 / 1	Leyrenne AC



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81	0h 57m 03s	1373	CANADINHAS Christophe	17m 36s	10,516	5m 42s	M 79	SEM 23 / 30	Montluçon Athlétisme
82	0h 57m 07s	1342	LONC Didier	17m 40s	10,506	5m 43s	M 80	V2M 15 / 24	
83	0h 57m 08s	1261	PAILLER Michel	17m 41s	10,502	5m 43s	M 81	V2M 16 / 24	BSMAT Guéret
84	0h 57m 26s	1253	MENAGER Eric	17m 59s	10,446	5m 45s	M 82	V1M 34 / 38	FVP Boussac
85	0h 57m 55s	1307	GAUDRON Jean Pierre	18m 28s	10,360	5m 47s	M 83	V3M 4 / 10	Amitié Nature Montluçon
86	0h 58m 01s	1278	JOLLY Karine	18m 34s	10,341	5m 48s	F 3	SEF 1 / 7	
87	0h 58m 02s	1369	ROSIO Laurent	18m 35s	10,340	5m 48s	M 84	V1M 35 / 38	FVP Boussac
88	0h 58m 09s	1308	LINDRON Gaston	18m 42s	10,317	5m 49s	M 85	V2M 17 / 24	Amitié Nature Montluçon
89	0h 58m 15s	1318	CRETIN Céline	18m 48s	10,301	5m 49s	F 4	SEF 2 / 7	BSMAT Guéret
90	0h 58m 25s	1359	JABADI Mohamed	18m 58s	10,271	5m 50s	M 86	SEM 24 / 30	Semi de la Pomme - Neuvy St Sulpichre
91	0h 58m 32s	1267	DEMAREST Patricia	19m 05s	10,250	5m 51s	F 5	V1F 2 / 8	FVP Boussac
92	0h 59m 30s	1280	CHOLIN Thierry	20m 03s	10,083	5m 57s	M 87	V1M 36 / 38	FVP Boussac
93	0h 59m 43s	1262	HENAULT Jean Jacques	20m 16s	10,046	5m 58s	M 88	V3M 5 / 10	TCC 36
94	0h 59m 53s	1276	BOUCHARD Véronique	20m 26s	10,018	5m 59s	F 6	V2F 1 / 6	
95	1h 00m 02s	1251	CHERON Yves	20m 35s	9,994	6m 00s	M 89	SEM 25 / 30	FVP Boussac
96	1h 00m 05s	1351	GUZMAN Gilles	20m 38s	9,985	6m 01s	M 90	V3M 6 / 10	Leyrenne AC
97	1h 00m 13s	1303	FRAGNON Patrick	20m 46s	9,965	6m 01s	M 91	V2M 18 / 24	Amitié Nature Montluçon
98	1h 00m 20s	1284	PIOCHE Thierry	20m 53s	9,944	6m 02s	M 92	V2M 19 / 24	FVP Boussac
99	1h 00m 39s	1255	CHAUVET Andre	21m 12s	9,893	6m 04s	M 93	V3M 7 / 10	FVP Boussac
100	1h 00m 44s	1328	REBEIX Evelyne	21m 17s	9,880	6m 04s	F 7	V2F 2 / 6	BSMAT Guéret
101	1h 01m 01s	1367	CAROZZA Gilbert	21m 34s	9,833	6m 06s	M 94	V4M 2 / 3	Leyrenne AC
102	1h 01m 16s	1322	LEGER Jean Paul	21m 49s	9,793	6m 08s	M 95	V2M 20 / 24	BSMAT Guéret
103	1h 01m 21s	1375	GRONNOT Jean-Michel	21m 54s	9,780	6m 08s	M 96	V1M 37 / 38	St Sulpice le Gueretois
104	1h 01m 27s	1377	DONASCIMENTO Damien	22m 00s	9,765	6m 09s	M 97	SEM 26 / 30	St Vaurin
105	1h 01m 33s	1354	BRUNET Olivier	22m 06s	9,748	6m 09s	M 98	SEM 27 / 30	Amitié Nature Montluçon
106	1h 02m 09s	1304	MATOU Jules	22m 42s	9,654	6m 13s	M 99	V3M 8 / 10	Amitié Nature Montluçon
107	1h 02m 13s	1347	GALLON Anne Marie	22m 46s	9,644	6m 13s	F 8	V2F 3 / 6	CA Boischaud
108	1h 02m 14s	1302	BEAUDON Maria	22m 47s	9,642	6m 13s	F 9	V1F 3 / 8	Amitié Nature Montluçon
109	1h 02m 19s	1295	CAILLOT Christelle	22m 52s	9,628	6m 14s	F 10	SEF 3 / 7	Amitié Nature Montluçon
110	1h 02m 42s	1254	MENAGER Beatrice	23m 15s	9,569	6m 16s	F 11	V1F 4 / 8	FVP Boussac
111	1h 03m 21s	1394	GAUMET Emilie	23m 54s	9,471	6m 20s	F 12	SEF 4 / 7	St Georges la Rouge
112	1h 03m 27s	1365	LARIGANDIERE Christelle	24m 00s	9,456	6m 21s	F 13	SEF 5 / 7	CO-KM 42 St Just le Martel
113	1h 03m 33s	1291	DA SILVA Corinne	24m 06s	9,441	6m 21s	F 14	V1F 5 / 8	Amitié Nature Montluçon
114	1h 03m 49s	1391	OKOECH Paul	24m 22s	9,402	6m 23s	M 100	V1M 38 / 38	Nairobi
115	1h 04m 28s	1363	LAINÉ Alain	25m 01s	9,307	6m 27s	M 101	V2M 21 / 24	FVP Boussac
116	1h 05m 14s	1395	LECLUSE Meric	25m 47s	9,199	6m 31s	M 102	SEM 28 / 30	FVP Boussac
117	1h 06m 30s	1279	CARTE Bernard	27m 03s	9,022	6m 39s	M 103	V4M 3 / 3	FVP Boussac
118	1h 07m 16s	1353	LARDY Laurent	27m 49s	8,919	6m 44s	M 104	SEM 29 / 30	Amitié Nature Montluçon
119	1h 07m 55s	1309	RICHARD Marie Christine	28m 28s	8,835	6m 47s	F 15	V2F 4 / 6	Amitié Nature Montluçon
120	1h 07m 59s	1378	MARTIN Sandrine	28m 32s	8,825	6m 48s	F 16	SEF 6 / 7	CO-KM 42 St Just le Martel



10 Km

Place	Temps	Dossard	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Club/Equipe/Assoc
121	1h 08m 48s	1293	COUTURIER Françoise	29m 21s	8,721	6m 53s	F 17	SEF 7 / 7	Amitié Nature Montluçon
122	1h 10m 02s	1256	CHAUVET Sylvie	30m 35s	8,568	7m 00s	F 18	V2F 5 / 6	FVP Boussac
123	1h 10m 34s	1252	PERRIER Daniel	31m 07s	8,503	7m 03s	M 105	V3M 9 / 10	Leyrenne AC
124	1h 11m 33s	1336	ADAM Marie	32m 06s	8,386	7m 09s	F 19	V2F 6 / 6	Leyrenne AC
125	1h 12m 21s	1289	DUBAC Céline	32m 54s	8,293	7m 14s	M 106	SEM 30 / 30	Amitié Nature Montluçon
126	1h 12m 50s	1316	BERTHOU Florence	33m 23s	8,239	7m 17s	F 20	V1F 6 / 8	BSMAT Guéret
127	1h 12m 50s	1299	VOUVE Annie Claire	33m 23s	8,238	7m 17s	F 21	V3F 1 / 1	Amitié Nature Montluçon
128	1h 16m 25s	1392	MOKHEFP Miloud	36m 58s	7,852	7m 38s	M 107	V2M 22 / 24	Paris
129	1h 16m 38s	1313	RABRET Catherine	37m 11s	7,830	7m 40s	F 22	V1F 7 / 8	Amitié Nature Montluçon
130	1h 17m 48s	1345	BOUVIER Mégane	38m 21s	7,713	7m 47s	F 23	CAF 1 / 1	
131	1h 17m 48s	1364	BASSET Rene	38m 21s	7,712	7m 47s	M 108	V5M 1 / 1	SAM Gueret
132	1h 17m 49s	0	DESPIERRES Doc	38m 22s	7,711	7m 47s	M 109	V2M 23 / 24	FVP Boussac
133	1h 17m 49s	1250	DEGARDIN Michel	38m 22s	7,711	7m 47s	M 110	V3M 10 / 10	FVP Boussac
134	1h 25m 57s	1381	JARDY Sophie	46m 30s	6,980	8m 36s	F 24	V1F 8 / 8	Leyrenne AC
135	1h 25m 58s	1382	SCAFONE Dominique	46m 31s	6,980	8m 36s	M 111	V2M 24 / 24	Leyrenne AC