



Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	0h 26m 03s	147	<b>RABATÉ Romain</b>	-	16,123	3m 43s	M	1	SEM	1 / 13 EA Issoudun
2	0h 26m 52s	124	<b>LEFRANC Abel</b>	0m 49s	15,633	3m 50s	M	2	SEM	2 / 13
3	0h 27m 26s	55	<b>AUBARD Antonin</b>	1m 23s	15,310	3m 55s	M	3	ESM	1 / 4 COUREURS DE FOND DEOLOIS
4	0h 28m 20s	155	SIMARD Loïc	2m 17s	14,824	4m 03s	M	4	M1M	1 / 9
5	0h 28m 32s	133	MERCIER Jordan	2m 29s	14,720	4m 05s	M	5	SEM	3 / 13 LA BERRICHONNE CHATEAUROUX ATH
6	0h 28m 50s	161	TOURTE Christophe	2m 47s	14,566	4m 07s	M	6	SEM	4 / 13 Garage gymundefined Perier automobile
7	0h 28m 52s	93	DESNOUES Benjamin	2m 49s	14,550	4m 07s	M	7	ESM	2 / 4 S/L CA VIERZON
8	0h 29m 14s	64	BLANCHARD Alexandre	3m 11s	14,367	4m 11s	M	8	SEM	5 / 13 Cani-run 36
9	0h 29m 55s	114	GUILLOTEAU Jeremy	3m 52s	14,039	4m 16s	M	9	SEM	6 / 13 CA CHINON
10	0h 30m 14s	126	LIONET Steve	4m 11s	13,892	4m 19s	M	10	M2M	1 / 12 USP RUNNING TRAIL
11	0h 31m 02s	111	GUIGNAT Julien	4m 59s	13,534	4m 26s	M	11	SEM	7 / 13 LES GAZELLES DE VINEUIL
12	0h 31m 08s	174	PAVEC Bertrand	5m 05s	13,490	4m 27s	M	12	M3M	1 / 8 ASPTT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
13	0h 31m 09s	140	PASQUET Yoan	5m 06s	13,483	4m 27s	M	13	M0M	1 / 4 Garage gym
14	0h 32m 02s	71	CAETANO Mathieu	5m 59s	13,111	4m 35s	M	14	ESM	3 / 4 LA BERRICHONNE CHATEAUROUX ATH
15	0h 32m 06s	51	ALDEBERT Herve	6m 03s	13,084	4m 35s	M	15	M2M	2 / 12 USP RUNNING TRAIL
16	0h 32m 08s	66	BLONDEAU Thomas	6m 05s	13,071	4m 35s	M	16	M1M	2 / 9 AC ROMORANTIN
17	0h 32m 51s	109	GRIMAULT Eric	6m 48s	12,785	4m 42s	M	17	M4M	1 / 8 COUREURS DE FOND DEOLOIS
18	0h 32m 57s	87	CUSTODIO Stephane	6m 54s	12,747	4m 42s	M	18	M3M	2 / 8 St DOULCHARD running
19	0h 32m 58s	117	JACQUET Philippe	6m 55s	12,740	4m 43s	M	19	M3M	3 / 8 Saint doulchard running
20	0h 33m 09s	135	MICHELONI Vivien	7m 06s	12,670	4m 44s	M	20	M0M	2 / 4 USP RUNNING TRAIL
21	0h 33m 15s	92	DESLANDES Philippe	7m 12s	12,632	4m 45s	M	21	M6M	1 / 1
22	0h 33m 27s	183	DELAVEAU Regis	7m 24s	12,556	4m 47s	M	22	M2M	3 / 12
23	0h 33m 31s	122	<b>LAGUANIER Marine</b>	7m 28s	12,531	4m 47s	F	1	SEF	1 / 6
24	0h 34m 05s	105	GIROUARD Victor	8m 02s	12,323	4m 52s	M	23	SEM	8 / 13 USP RUNNING TRAIL
25	0h 34m 27s	176	DJOUABEL Samy	8m 24s	12,192	4m 55s	M	24	JUM	1 / 2 ASPTT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
26	0h 34m 45s	182	DUBOIS Fabien	8m 42s	12,086	4m 58s	M	25	M2M	4 / 12
27	0h 34m 47s	68	BOULEAU Philippe	8m 44s	12,075	4m 58s	M	26	M3M	4 / 8 AC ROMORANTIN
28	0h 34m 55s	132	MAYNADIER Julien	8m 52s	12,029	4m 59s	M	27	M0M	3 / 4
29	0h 35m 10s	101	FORTIER Eric	9m 07s	11,943	5m 01s	M	28	M4M	2 / 8 USP RUNNING TRAIL
30	0h 35m 21s	175	<b>COMPAIN Emilie</b>	9m 18s	11,881	5m 03s	F	2	M0F	1 / 9 EA Issoudun



Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
31	0h 35m 41s	186	CAMAIN Christopher	9m 38s	11,770	5m 06s	M	29	SEM	9 / 13
32	0h 35m 52s	96	DUFFAUX Lou	9m 49s	11,710	5m 07s	F	3	JUF	1 / 1 ASPTT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
33	0h 36m 01s	84	COUDERT Laurent	9m 58s	11,661	5m 09s	M	30	M2M	5 / 12 RUN & BIKE PYREX
34	0h 36m 03s	110	GUIGNAT Dominique	10m 00s	11,650	5m 09s	M	31	M3M	5 / 8 LES GAZELLES DE VINEUIL
35	0h 36m 11s	50	ABRAHAM Didier	10m 08s	11,608	5m 10s	M	32	M4M	3 / 8 USP RUNNING TRAIL
36	0h 36m 15s	80	COIRARD Stéphane	10m 12s	11,586	5m 11s	M	33	M2M	6 / 12 New Team
37	0h 36m 23s	141	PATTIER Christian	10m 20s	11,544	5m 12s	M	34	M4M	4 / 8 LA BERRICHONNE CHATEAUROUX ATH
38	0h 36m 33s	150	RIANDIERE Maud	10m 30s	11,491	5m 13s	F	4	M1F	1 / 10 AC ROMORANTIN
39	0h 36m 49s	91	DESHAYES Cyrille	10m 46s	11,408	5m 16s	M	35	M0M	4 / 4
40	0h 36m 49s	56	AUBARD Laurence	10m 46s	11,408	5m 16s	F	5	M3F	1 / 8 COUREURS DE FOND DEOLOIS
41	0h 36m 50s	129	MALQUE Alain	10m 47s	11,403	5m 16s	M	36	M4M	5 / 8 COUREURS DE FOND DEOLOIS
42	0h 36m 51s	88	DECHENE Frederic	10m 48s	11,398	5m 16s	M	37	M2M	7 / 12 GEND'RUN
43	0h 37m 10s	125	LEGROS Eric	11m 07s	11,300	5m 19s	M	38	M4M	6 / 8 SAINT DOULCHARD RUNNING
44	0h 37m 30s	130	MARIDET Véronique	11m 27s	11,200	5m 21s	F	6	M1F	2 / 10 Aon
45	0h 37m 37s	146	QUELLEUC Arnaud	11m 34s	11,165	5m 22s	M	39	M1M	3 / 9
46	0h 37m 51s	113	GUILLOTEAU Corentin	11m 48s	11,096	5m 24s	M	40	JUM	2 / 2 Ca chinon
47	0h 38m 18s	185	SCHMITT Brice	12m 15s	10,966	5m 28s	M	41	SEM	10 / 13
48	0h 38m 21s	148	RAFFINAT Stephane	12m 18s	10,952	5m 29s	M	42	M2M	8 / 12 ASPTT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
49	0h 38m 31s	163	VIRCONDELET Matthieu	12m 28s	10,904	5m 30s	M	43	M1M	4 / 9
50	0h 38m 54s	75	CHARLUET Jerome	12m 51s	10,797	5m 33s	M	44	M1M	5 / 9
51	0h 38m 57s	90	DELFOSSÉ Blandine	12m 54s	10,783	5m 34s	F	7	M0F	2 / 9
52	0h 39m 06s	162	VADE Philippe	13m 03s	10,742	5m 35s	M	45	M5M	1 / 5 SPORTS ET DETENTE
53	0h 39m 09s	89	DEDION Sandra	13m 06s	10,728	5m 36s	F	8	M0F	3 / 9 Étoile sportive de Poulaines
54	0h 39m 16s	65	BLANCHARD Cyril	13m 13s	10,696	5m 37s	M	46	M3M	6 / 8
55	0h 39m 21s	165	WARD Grégory	13m 18s	10,673	5m 37s	M	47	M2M	9 / 12
56	0h 39m 34s	77	CHERAMY Valerie	13m 31s	10,615	5m 39s	F	9	M4F	1 / 3 LA BERRICHONNE CHATEAUROUX ATH
57	0h 39m 37s	160	TOQUEREAU Cecile	13m 34s	10,602	5m 40s	F	10	SEF	2 / 6
58	0h 39m 39s	145	PICARD Sylvain	13m 36s	10,593	5m 40s	M	48	M1M	6 / 9
59	0h 39m 48s	67	BONNEAU Denis	13m 45s	10,553	5m 41s	M	49	M4M	7 / 8
60	0h 40m 01s	131	MARY Jean-Claude	13m 58s	10,496	5m 43s	M	50	M7M	1 / 1 SPORTS ET DETENTE



12ème édition - dimanche 16 octobre 2022 - Valençay  
**La Duchesse de Dino - 7 Km (7 km) - 119 arrivants (52 Femmes - 67 Hommes)**

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Age	Catégorie	Club/Equipe/Assoc./Ent.
61	0h 40m 03s	142	PELLEGRIN Anthony	14m 00s	10,487	5m 43s	M	51	M1M	7 / 9
62	0h 40m 05s	152	RONDET Emmanuelle	14m 02s	10,478	5m 44s	F	11	M2F	1 / 9 Saint Doulchard Running
63	0h 40m 09s	137	NACFAIRE Vanessa	14m 06s	10,461	5m 44s	F	12	M0F	4 / 9
64	0h 40m 10s	116	HENAUULT Christelle	14m 07s	10,456	5m 44s	F	13	M3F	2 / 8
65	0h 40m 22s	57	AUBE Gaëlle	14m 19s	10,405	5m 46s	F	14	SEF	3 / 6
66	0h 40m 23s	85	COUSSET Marjolaine	14m 20s	10,400	5m 46s	F	15	SEF	4 / 6 CAM VALLEE DU CHER-CONTROIS
67	0h 40m 40s	82	COSTE Ludo	14m 37s	10,328	5m 49s	M	52	M3M	7 / 8
68	0h 41m 19s	115	GUYOMARD Sarah	15m 16s	10,165	5m 54s	F	16	SEF	5 / 6
69	0h 41m 23s	108	GOURON Angélique	15m 20s	10,149	5m 55s	F	17	M1F	3 / 10
70	0h 41m 27s	103	GIBILY Vanessa	15m 24s	10,133	5m 55s	F	18	M2F	2 / 9 JA MONTFORT-GESNOIS
71	0h 41m 49s	95	DROUIN Caroline	15m 46s	10,044	5m 58s	F	19	M2F	3 / 9 ASPPT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
72	0h 41m 50s	62	BERNARD Jerome	15m 47s	10,040	5m 59s	M	53	M2M	10 / 12 team fit bikeundefinedrun 36
73	0h 41m 59s	144	PICARD Rachel	15m 56s	10,004	6m 00s	F	20	M1F	4 / 10 LES GAZELLES DE VINEUIL
74	0h 42m 04s	180	BOISFARD Alain	16m 01s	9,984	6m 01s	M	54	M4M	8 / 8 AC ROMORANTIN
75	0h 42m 10s	143	PHILIPPE Jean-Noel	16m 07s	9,960	6m 01s	M	55	M5M	2 / 5 SPORTS ET DETENTE
76	0h 42m 25s	169	COMBIER Virginie	16m 22s	9,902	6m 04s	F	21	M2F	4 / 9 ASPPT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
77	0h 42m 27s	102	GACOING Isabelle	16m 24s	9,894	6m 04s	F	22	M3F	3 / 8 Aon
78	0h 42m 35s	170	CURTET Gildas	16m 32s	9,863	6m 05s	M	56	M5M	3 / 5 LA BERRICHONNE CHATEAUROUX ATH
79	0h 42m 46s	127	MADROLLE Nicolas	16m 43s	9,821	6m 07s	M	57	M1M	8 / 9 ASPPT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
80	0h 42m 47s	138	PAINCHAULT LINGET Véronique	16m 44s	9,817	6m 07s	F	23	M4F	2 / 3 AC ROMORANTIN
81	0h 42m 59s	53	ALLELY Claudia	16m 56s	9,771	6m 08s	F	24	M1F	5 / 10
82	0h 43m 01s	63	BESSÉ Amandine	16m 58s	9,764	6m 09s	F	25	M0F	5 / 9
83	0h 43m 15s	54	AQUILO Sandrine	17m 12s	9,711	6m 11s	F	26	M1F	6 / 10
84	0h 43m 16s	134	MEUNIER Marie-Line	17m 13s	9,707	6m 11s	F	27	M3F	4 / 8 EA ISSOUDUN
85	0h 43m 23s	94	DESNOUES Laurent	17m 20s	9,681	6m 12s	M	58	M2M	11 / 12 S/L CA VIERZON
86	0h 43m 31s	86	CRISCUOLO Alexandra	17m 28s	9,651	6m 13s	F	28	M1F	7 / 10
87	0h 43m 42s	167	BOUCHARD Veronique	17m 39s	9,611	6m 15s	F	29	M6F	1 / 3
88	0h 44m 06s	154	ROUSSILLIAT Annick	18m 03s	9,524	6m 18s	F	30	M3F	5 / 8 USP RUNNING TRAIL
89	0h 44m 06s	70	BRISSET Aurore	18m 03s	9,524	6m 18s	F	31	M1F	8 / 10
90	0h 44m 15s	184	DUPONT Etienne	18m 12s	9,492	6m 19s	M	59	SEM	11 / 13



Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Classement	Catégorie	Club/Equipe/Assoc./Ent.
91	0h 44m 15s	97	DUPONT Cindy	18m 12s	9,492	6m 19s	F	32	SEF	6 / 6
92	0h 44m 16s	157	TEIXEIRA Alexandre	18m 13s	9,488	6m 19s	M	60	ESM	4 / 4
93	0h 44m 26s	178	MOULINS Antoine	18m 23s	9,452	6m 21s	M	61	SEM	12 / 13
94	0h 44m 39s	74	CESTAC Lydia	18m 36s	9,406	6m 23s	F	33	M5F	1 / 2 COUREURS DE FOND DEOLOIS
95	0h 44m 40s	121	KUBIAK Bernard	18m 37s	9,403	6m 23s	M	62	M5M	4 / 5
96	0h 45m 02s	52	ALDEBERT Nathalie	18m 59s	9,326	6m 26s	F	34	M2F	5 / 9 USP RUNNING TRAIL
97	0h 45m 02s	60	BAUDIN Angélique	18m 59s	9,326	6m 26s	F	35	M2F	6 / 9 USP RUNNING TRAIL
98	0h 45m 35s	61	BENOIST Fabien	19m 32s	9,214	6m 31s	M	63	M2M	12 / 12
99	0h 45m 50s	100	FORGUES Fanny	19m 47s	9,164	6m 33s	F	36	M0F	6 / 9
100	0h 46m 02s	181	RIPE Stephanie	19m 59s	9,124	6m 35s	F	37	M3F	6 / 8
101	0h 46m 49s	72	CAPLAN Nelly	20m 46s	8,971	6m 41s	F	38	M0F	7 / 9
102	0h 47m 22s	69	BRICE Cynthia	21m 19s	8,867	6m 46s	F	39	M1F	9 / 10 LES GAZELLES DE VINEUIL
103	0h 47m 23s	58	AUDEBERT Cedric	21m 20s	8,864	6m 46s	M	64	M1M	9 / 9 LES GAZELLES DE VINEUIL
104	0h 47m 52s	158	THOMAS Muriel	21m 49s	8,774	6m 50s	F	40	M2F	7 / 9
105	0h 48m 31s	59	BARON Gaëlle	22m 28s	8,657	6m 56s	F	41	M0F	8 / 9
106	0h 49m 28s	179	LARCIN Mickael	23m 25s	8,491	7m 04s	M	65	SEM	13 / 13
107	0h 50m 46s	104	GIL Julian	24m 43s	8,273	7m 15s	M	66	M5M	5 / 5
108	0h 51m 59s	151	RIFFAY LIMOGES Sylvia	25m 56s	8,080	7m 26s	F	42	M3F	7 / 8
109	0h 52m 01s	118	JACQUIN Yannick	25m 58s	8,074	7m 26s	M	67	M3M	8 / 8
110	0h 52m 12s	128	MADROLLE Vanessa	26m 09s	8,046	7m 27s	F	43	M1F	10 / 10 ASPTT CHÂTEAUROUX MÉTROPOLE 36 SPORT NATI
111	0h 53m 42s	136	MOREAU Monique	27m 39s	7,821	7m 40s	F	44	M6F	2 / 3
112	0h 54m 05s	177	PRADEAU Carine	28m 02s	7,766	7m 44s	F	45	M2F	8 / 9
113	0h 55m 22s	73	CAUVEL Caroline	29m 19s	7,586	7m 55s	F	46	M2F	9 / 9
114	0h 56m 18s	119	JANVIER-ROCARD Amandine	30m 15s	7,460	8m 03s	F	47	M0F	9 / 9
115	0h 58m 02s	106	GOBYN Marie-Jo	31m 59s	7,237	8m 17s	F	48	M8F	1 / 1
116	0h 58m 25s	171	MESVARS Françoise	32m 22s	7,190	8m 21s	F	49	M5F	2 / 2
117	0h 58m 26s	172	LEGER Chantal	32m 23s	7,188	8m 21s	F	50	M6F	3 / 3
118	0h 58m 26s	173	NORMAND Sandrine	32m 23s	7,188	8m 21s	F	51	M3F	8 / 8
119	1h 33m 27s	168	BONHOMME Caroline	7m 24s	4,494	13m 21s	F	52	M4F	3 / 3 CAM VALLEE DU CHER-CONTROIS