



## 10 Km (10 km) - 130 arrivants (38 Femmes - 92 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	0h 37m 44s	236	DEVROUTE Jean Luc	-	15,902	3m 46s	M	1	V2M	1 / 26 Team Trail Lmr Performance
2	0h 38m 09s	203	AUCLAIR Guillaume	0m 25s	15,730	3m 49s	M	2	SEM	1 / 19 Glénic Sport Nature
3	0h 39m 18s	372	MEUROU David	1m 34s	15,266	3m 56s	M	3	V1M	1 / 27 Endurance 23 La Souterraine
4	0h 39m 32s	369	MOUTAUD Pierre	1m 48s	15,178	3m 57s	M	4	SEM	2 / 19
5	0h 39m 47s	375	PERRET Nicolas	2m 03s	15,082	3m 59s	M	5	V2M	2 / 26 Amitié Nature Montluçon
6	0h 40m 22s	291	RAZET Vivien	2m 38s	14,865	4m 02s	M	6	SEM	3 / 19 Glénic Sport Nature
7	0h 40m 26s	373	DANGLARD Sebastien	2m 42s	14,840	4m 03s	M	7	SEM	4 / 19 Endurance 23 La Souterraine
8	0h 40m 39s	235	DEVEAU Pierre Antoine	2m 55s	14,763	4m 04s	M	8	SEM	5 / 19 Metropole Grand Nancy Triathlon
9	0h 41m 10s	374	LAVAUGAUTIER Patrice	3m 26s	14,577	4m 07s	M	9	SEM	6 / 19 Endurance 23 La Souterraine
10	0h 41m 59s	227	CARPENTIER Christophe	4m 15s	14,291	4m 12s	M	10	V1M	2 / 27 Sam Guéret
11	0h 42m 23s	377	LACHAMBRE Cyrille	4m 39s	14,156	4m 14s	M	11	V2M	3 / 26 Leyrenne AC
12	0h 42m 26s	361	VÉDIE Cyril	4m 42s	14,139	4m 15s	M	12	SEM	7 / 19
13	0h 42m 38s	206	BARRÉ Lionel	4m 55s	14,071	4m 16s	M	13	V1M	3 / 27 Boussac Running
14	0h 43m 00s	221	BOURRAS David	5m 16s	13,956	4m 18s	M	14	V2M	4 / 26 Glénic Sport Nature
15	0h 43m 31s	220	BOURDIER Marc	5m 47s	13,790	4m 21s	M	15	SEM	8 / 19
16	0h 43m 40s	391	LEBRAS Ludovic	5m 57s	13,738	4m 22s	M	16	SEM	9 / 19 Paris Sport Club
17	0h 44m 06s	208	BELLET Gilbert	6m 22s	13,605	4m 25s	M	17	V2M	5 / 26 Ardentes
18	0h 44m 40s	247	FRAPPAT Olivier	6m 56s	13,434	4m 28s	M	18	V1M	4 / 27 Glénic Sport Nature
19	0h 45m 33s	255	GORSE Romain	7m 50s	13,170	4m 33s	M	19	SEM	10 / 19 Ce Safran
20	0h 45m 39s	230	CHASTANG Etienne	7m 55s	13,144	4m 34s	M	20	SEM	11 / 19 US La Châtre
21	0h 45m 43s	267	LAURENT Eric	7m 59s	13,125	4m 34s	M	21	V2M	6 / 26 Amitié Nature Montluçon
22	0h 46m 21s	363	VERDEAU Guillaume	8m 37s	12,944	4m 38s	M	22	V1M	5 / 27
23	0h 46m 34s	389	SALPIC Aurelien	8m 50s	12,885	4m 39s	M	23	SEM	12 / 19 Canitrail 23
24	0h 46m 56s	202	AUCLAIR Maria	9m 12s	12,783	4m 42s	F	1	V2F	1 / 13 Glénic Sport Nature
25	0h 47m 03s	224	BOURSAUD Franck	9m 19s	12,754	4m 42s	M	24	V2M	7 / 26 Boussac Running
26	0h 47m 11s	204	AUDIN Jean-Francois	9m 27s	12,716	4m 43s	M	25	V1M	6 / 27 Club Glenic Sport Nature
27	0h 47m 25s	275	MAHAUT Patrice	9m 41s	12,655	4m 44s	M	26	V2M	8 / 26 Boussac Running
28	0h 47m 53s	272	LEFRERE Jean François	10m 09s	12,529	4m 47s	M	27	V2M	9 / 26 Sam Triathlon Gueret
29	0h 48m 03s	296	SANTI Nicolas	10m 19s	12,486	4m 48s	M	28	SEM	13 / 19 Ce Safran
30	0h 48m 18s	254	GIROUARD Victor	10m 34s	12,423	4m 50s	M	29	ESM	1 / 2 Les Gazelles de Vineuil
31	0h 48m 59s	250	GASNET Victor	11m 15s	12,250	4m 54s	M	30	ESM	2 / 2 Glénic Sport Nature
32	0h 49m 55s	232	DEGAINE Michel	12m 11s	12,021	4m 59s	M	31	V4M	1 / 2 Glénic Sport Nature
33	0h 50m 24s	378	PRADEAU Blainde	12m 40s	11,904	5m 02s	F	2	SEF	1 / 7 Glénic Sport Nature
34	0h 50m 28s	261	JEOMEAU Bernard	12m 44s	11,889	5m 03s	M	32	V3M	1 / 16 Coureurs de Fond Déolois
35	0h 50m 41s	365	YVERNAULT Joel	12m 57s	11,837	5m 04s	M	33	V2M	10 / 26 Boussac Running
36	0h 50m 47s	217	BOUCHARD Luc	13m 04s	11,813	5m 05s	M	34	V3M	2 / 16
37	0h 50m 56s	234	DEVEAU Pascal	13m 12s	11,782	5m 06s	M	35	V2M	11 / 26
38	0h 50m 57s	282	MESNARD Ludovic	13m 13s	11,776	5m 06s	M	36	V1M	7 / 27
39	0h 50m 58s	256	GOURGON Romain	13m 14s	11,772	5m 06s	M	37	V1M	8 / 27 Boussac Running
40	0h 51m 12s	376	JUNIAT Laurent	13m 29s	11,717	5m 07s	M	38	V2M	12 / 26 AC St Palais



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41	0h 51m 35s	242	ERDINGER Julien	13m 51s	11,632	5m 09s	M	39	V1M	9 / 27	Amitié Nature Montluçon
42	0h 52m 14s	200	AUCLAIR David	14m 30s	11,487	5m 13s	M	40	V1M	10 / 27	
43	0h 52m 16s	355	TAVERNIER Laurent	14m 33s	11,478	5m 14s	M	41	V1M	11 / 27	Boussac Running
44	0h 52m 31s	219	BOURDIER Gérard	14m 47s	11,425	5m 15s	M	42	V3M	3 / 16	Jogging Club Portois
45	0h 52m 46s	266	LAURENT David	15m 02s	11,370	5m 17s	M	43	V1M	12 / 27	US La Châtre
46	0h 52m 52s	285	NICOLET Florian	15m 08s	11,348	5m 17s	M	44	SEM	14 / 19	US La Châtre
47	0h 53m 13s	265	LAUMAY Jérôme	15m 29s	11,276	5m 19s	M	45	V1M	13 / 27	Gouzoncourt
48	0h 53m 14s	000	DESPIERRES Doc	15m 30s	11,270	5m 19s	M	46	V3M	4 / 16	Vieilles Pierres Boussac
49	0h 53m 19s	284	MICHALAK Philippe	15m 35s	11,254	5m 20s	M	47	V2M	13 / 26	Amitié Nature Montluçon
50	0h 53m 22s	226	CAMESCASSE Stéphanie	15m 38s	11,243	5m 20s	F	3	V1F	1 / 13	Boussac Running
51	0h 53m 25s	243	ERRANT Patrice	15m 41s	11,233	5m 20s	M	48	V1M	14 / 27	
52	0h 53m 31s	278	MARTIN Gillian	15m 47s	11,212	5m 21s	M	49	V1M	15 / 27	
53	0h 53m 38s	240	DUMOULIN Victorin	15m 54s	11,186	5m 22s	M	50	SEM	15 / 19	Ce Safran
54	0h 53m 44s	370	BERTHOU Jacques	16m 00s	11,166	5m 22s	M	51	V4M	2 / 2	Glénic Sport Nature
55	0h 53m 56s	201	AUCLAIR Guy	16m 12s	11,126	5m 24s	M	52	V2M	14 / 26	Glénic Sport Nature
56	0h 54m 08s	257	GRANDJEAN Thierry	16m 24s	11,085	5m 25s	M	53	V2M	15 / 26	Boussac Running
57	0h 54m 10s	246	FRAGNON Patrick	16m 26s	11,077	5m 25s	M	54	V2M	16 / 26	Amitié Nature Montluçon
58	0h 54m 10s	244	EXBRAYAT Jean Luc	16m 26s	11,077	5m 25s	M	55	V2M	17 / 26	
59	0h 55m 03s	233	DELAUNAY Nolwenn	17m 19s	10,900	5m 30s	F	4	CAF	1 / 1	Les Gazelles de Vineuil
60	0h 55m 03s	259	JANCZYK Catherine	17m 19s	10,900	5m 30s	F	5	V2F	2 / 13	Les Gazelles de Vineuil
61	0h 55m 09s	225	CAILLOT Gilles	17m 25s	10,879	5m 31s	M	56	V1M	16 / 27	Amitié Nature Montluçon
62	0h 55m 15s	297	SERISIER Alain	17m 31s	10,861	5m 31s	M	57	V3M	5 / 16	Glénic Sport Nature
63	0h 55m 31s	382	CARRAT Daniel	17m 47s	10,807	5m 33s	M	58	V1M	17 / 27	Amitié Nature Montluçon
64	0h 55m 36s	213	BLORVILLE Nathalie	17m 52s	10,792	5m 34s	F	6	V2F	3 / 13	CAP 03
65	0h 55m 58s	262	KHALLOUKY Bouchaib	18m 14s	10,722	5m 36s	M	59	V2M	18 / 26	Glénic Sport Nature
66	0h 57m 06s	239	DUFREGNE Laurent	19m 22s	10,508	5m 43s	M	60	V2M	19 / 26	US La Châtre
67	0h 57m 12s	245	FILOMENA Laurent	19m 28s	10,489	5m 43s	M	61	V1M	18 / 27	Ce Safran
68	0h 57m 19s	207	BAZARD Olivier	19m 35s	10,469	5m 44s	M	62	SEM	16 / 19	
69	0h 57m 21s	283	MEYNIAL Sandrine	19m 38s	10,461	5m 44s	F	7	V1F	2 / 13	
70	0h 57m 29s	381	COLASSEAU Christophe	19m 45s	10,439	5m 45s	M	63	SEM	17 / 19	
71	0h 57m 31s	383	AUROY Catherine	19m 47s	10,431	5m 45s	F	8	V2F	4 / 13	Boussac Running
72	0h 57m 31s	367	AUSSIETTE Isabelle	19m 47s	10,431	5m 45s	F	9	V1F	3 / 13	ARCOMPS
73	0h 57m 37s	388	COSTA Joseph	19m 54s	10,412	5m 46s	M	64	V2M	20 / 26	Amitié Nature Montluçon
74	0h 58m 02s	280	MAZIERE Alexandra	20m 18s	10,340	5m 48s	F	10	SEF	2 / 7	Glénic Sport Nature
75	0h 58m 05s	229	CHASTAIN Laurent	20m 21s	10,331	5m 48s	M	65	V1M	19 / 27	
76	0h 58m 31s	241	DURAND Anne Marie	20m 47s	10,253	5m 51s	F	11	V2F	5 / 13	US La Châtre
77	0h 58m 33s	289	PLISSON Claire	20m 49s	10,248	5m 51s	F	12	V1F	4 / 13	US La Châtre
78	0h 59m 00s	223	BOURSAUD Christelle	21m 16s	10,170	5m 54s	F	13	V1F	5 / 13	Boussac Running
79	0h 59m 02s	358	TRIBET Christohe	21m 18s	10,165	5m 54s	M	66	V1M	20 / 27	US La Châtre
80	0h 59m 10s	380	GUILLEMOT Kadia	21m 26s	10,140	5m 55s	F	14	SEF	3 / 7	Glénic Sport Nature



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81	0h 59m 10s	299	SIMON Bruno	21m 26s	10,140	5m 55s	M	67	V3M	6 / 16	Glénic Sport Nature
82	0h 59m 25s	231	CHAUVET Andre	21m 41s	10,098	5m 56s	M	68	V3M	7 / 16	Boussac Running
83	0h 59m 51s	379	COLON Claire	22m 07s	10,025	5m 59s	F	15	SEF	4 / 7	Glénic Sport Nature
84	0h 59m 57s	364	VERGOZ Anne-Catherine	22m 13s	10,008	6m 00s	F	16	V1F	6 / 13	Glénic Sport Nature
85	0h 59m 57s	360	VALERO Nathalie	22m 13s	10,008	6m 00s	F	17	V2F	6 / 13	Amitié Nature Montluçon
86	0h 59m 57s	273	LEGER Jean-Paul	22m 13s	10,008	6m 00s	M	69	V3M	8 / 16	Glénic Sport Nature
87	1h 00m 03s	387	BRUNET Olivier	22m 19s	9,991	6m 00s	M	70	V2M	21 / 26	Amitié Nature Montluçon
88	1h 00m 09s	218	BOUCHARD Veronique	22m 25s	9,976	6m 01s	F	18	V3F	1 / 3	
89	1h 00m 15s	210	BERGER Jean Noel	22m 31s	9,959	6m 01s	M	71	V3M	9 / 16	Amitié Nature Montluçon
90	1h 00m 29s	359	TUFFRAUD Laurent	22m 45s	9,921	6m 03s	M	72	V1M	21 / 27	Team Design 03
91	1h 01m 19s	357	THOMAS Christelle	23m 35s	9,785	6m 08s	F	19	V1F	7 / 13	
92	1h 02m 18s	384	CHATONNET Bernard	24m 34s	9,632	6m 14s	M	73	V1M	22 / 27	Leyrenne AC
93	1h 02m 25s	249	GALLITRE Gérard	24m 41s	9,613	6m 14s	M	74	V3M	10 / 16	
94	1h 03m 30s	277	MALDENT Pascal	25m 46s	9,450	6m 21s	M	75	V3M	11 / 16	Peps23
95	1h 03m 30s	300	SIMONNET Jean-François	25m 46s	9,450	6m 21s	M	76	V2M	22 / 26	
96	1h 03m 41s	228	CESTAC Lydia	25m 57s	9,421	6m 22s	F	20	V3F	2 / 3	Coueurs de Fond Déolois
97	1h 03m 46s	390	MERCIER Philippe	26m 02s	9,410	6m 23s	M	77	V2M	23 / 26	
98	1h 03m 46s	268	LE BOLCH Loic	26m 02s			M	78	V1M	23 / 27	
99	1h 03m 57s	356	THERY Anthony	26m 13s	9,382	6m 24s	M	79	SEM	18 / 19	CAP 03
100	1h 04m 03s	279	MARTIN Sandrine	26m 19s	9,367	6m 24s	F	21	V1F	8 / 13	Km42 St Just Le Martel
101	1h 04m 03s	211	BESSON Patrick	26m 19s	9,367	6m 24s	M	80	V2M	24 / 26	
102	1h 04m 06s	290	PLUYAUD Jean Francois	26m 22s	9,361	6m 25s	M	81	V1M	24 / 27	Glénic Sport Nature
103	1h 04m 08s	294	ROCHE Valerie	26m 25s	9,354	6m 25s	F	22	V2F	7 / 13	Ce Safran
104	1h 04m 08s	271	LEFETAY Antoine	26m 25s	9,354	6m 25s	M	82	V1M	25 / 27	Ce Safran
105	1h 04m 28s	295	ROZET Michel	26m 44s	9,308	6m 27s	M	83	V3M	12 / 16	Leyrenne AC
106	1h 05m 07s	371	CARENTON Jerome	27m 23s	9,214	6m 31s	M	84	V1M	26 / 27	Glénic Sport Nature
107	1h 05m 57s	287	PATISSIER Christiane	28m 13s	9,097	6m 36s	F	23	V3F	3 / 3	Glénic Sport Nature
108	1h 05m 57s	238	DUCAROIX Corinne	28m 13s	9,097	6m 36s	F	24	V1F	9 / 13	Boussac Running
109	1h 06m 37s	386	SERRET Emmanuelle	28m 53s	9,007	6m 40s	F	25	V2F	8 / 13	Amitié Nature Montluçon
110	1h 06m 47s	253	GAYRAUD Jean-Claude	29m 03s	8,983	6m 41s	M	85	V3M	13 / 16	Closap
111	1h 07m 03s	269	LECHER Patrick	29m 19s	8,948	6m 42s	M	86	V2M	25 / 26	
112	1h 07m 45s	214	BONIZZARDI Sandrine	30m 01s	8,857	6m 46s	F	26	V2F	9 / 13	Amitié Nature Montluçon
113	1h 07m 49s	292	REBEIX Evelyne	30m 05s	8,847	6m 47s	F	27	V2F	10 / 13	Glénic Sport Nature
114	1h 07m 49s	263	LACAUD Véronique	30m 05s	8,847	6m 47s	F	28	V2F	11 / 13	Glénic Sport Nature
115	1h 08m 14s	205	AUJEAN Laetitia	30m 30s	8,793	6m 49s	F	29	SEF	5 / 7	
116	1h 08m 14s	251	GAUDIN Sylvain	30m 30s	8,793	6m 49s	M	87	SEM	19 / 19	
117	1h 08m 26s	392	LORCERY Gilles	30m 42s	8,768	6m 51s	M	88	V3M	14 / 16	
118	1h 08m 42s	248	GAILLARD Sandrine	30m 58s	8,734	6m 52s	F	30	V1F	10 / 13	Glénic Sport Nature
119	1h 08m 42s	362	VERDEAU Caroline	30m 58s	8,734	6m 52s	F	31	SEF	6 / 7	Glénic Sport Nature
120	1h 10m 53s	286	NOEL Stéphane	33m 09s	8,466	7m 05s	M	89	V1M	27 / 27	Glénic Sport Nature



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121	1h 11m 26s	385	BOULARE Joelle	33m 42s	8,400	7m 09s	F	32	V2F	12 / 13	Amitié Nature Montluçon
122	1h 11m 47s	198	ALBERT Cécile	34m 03s	8,358	7m 11s	F	33	V1F	11 / 13	CAP 03
123	1h 11m 47s	209	BENETON Laëtitia	34m 03s	8,358	7m 11s	F	34	SEF	7 / 7	CAP 03
<b>124</b>	1h 11m 47s	276	MALAURENT Eric	34m 03s	8,358	7m 11s	M	90	V3M	15 / 16	CAP 03
<b>125</b>	1h 16m 18s	298	SERRE Jean	38m 34s	7,864	7m 38s	M	91	V3M	16 / 16	Amitié Nature Montluçon
126	1h 18m 10s	293	REGNIEZ Valérie	40m 26s	7,676	7m 49s	F	35	V1F	12 / 13	Sam Guéret
127	1h 18m 19s	212	BEUCHÉ Chantal	40m 35s	7,661	7m 50s	F	36	V4F	1 / 1	Coueurs de Fond Déolois
<b>128</b>	1h 18m 37s	237	DUCAROIX Fabrice	40m 53s	7,632	7m 52s	M	92	V2M	26 / 26	Boussac Running
129	1h 20m 19s	270	LECHER Véronique	42m 35s	7,471	8m 02s	F	37	V1F	13 / 13	Amitié Nature Montluçon
130	1h 20m 40s	199	AUBERGER Isabelle	42m 56s	7,437	8m 04s	F	38	V2F	13 / 13	Amitié Nature Montluçon