



19 Km (19 km) - 76 arrivants (9 Femmes - 67 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	1h 14m 36s	380	D'ARCANGELO Adrien	-	15,280	3m 56s	M	1	SEM	1 / 21
2	1h 17m 32s	364	GAUMER Victor	2m 55s	14,704	4m 05s	M	2	SEM	2 / 21 Glénic Sport Nature
3	1h 18m 56s	320	THOMAS Michel	4m 20s	14,442	4m 09s	M	3	M4M	1 / 8 Coureurs de Fond Déolois
4	1h 20m 06s	377	DEMOUSSIS Jean-Charles	5m 30s	14,232	4m 13s	M	4	SEM	3 / 21 Châteauroux Métropole Cyclisme
5	1h 20m 24s	316	VERICEL Mickaël	5m 48s	14,179	4m 14s	M	5	M1M	1 / 10 MONTLUCON ATHLÉTISME
6	1h 21m 34s	321	THIERRY-SOULETTE Julien	6m 58s	13,975	4m 18s	M	6	M1M	2 / 10 La dionysienne
7	1h 23m 22s	354	LAGRANGE Raphaël	8m 45s	13,676	4m 23s	M	7	M1M	3 / 10 La Dionysienne
8	1h 24m 36s	370	DUPON Denis	9m 59s	13,476	4m 27s	M	8	M1M	4 / 10
9	1h 24m 54s	341	MOUGEOT Julien	10m 17s	13,428	4m 28s	M	9	M1M	5 / 10 La Berrichonne Chateauroux Athletic Club
10	1h 24m 57s	365	FRAPPAT Olivier	10m 21s	13,418	4m 28s	M	10	M2M	1 / 8 Glénic Sport Nature
11	1h 29m 47s	378	DE CROUY CHANEL Romain	15m 11s	12,696	4m 44s	M	11	SEM	4 / 21 Asaspp Pompiers de Paris
12	1h 31m 16s	385	CHAPELIERE Emmanuel	16m 40s	12,490	4m 48s	M	12	SEM	5 / 21
13	1h 31m 56s	334	PINTARELLI Julien	17m 19s	12,401	4m 50s	M	13	M1M	6 / 10
14	1h 32m 02s	339	PIAUD Mathieu	17m 26s	12,387	4m 51s	M	14	M0M	1 / 7
15	1h 34m 09s	394	BOBIN Arnaud	19m 32s	12,109	4m 57s	M	15	M2M	2 / 8
16	1h 34m 21s	389	BUZARÉ Patrice	19m 44s	12,083	4m 58s	M	16	M1M	7 / 10
17	1h 34m 25s	398	AUROY Antony	19m 49s	12,073	4m 58s	M	17	SEM	6 / 21 Glenic Sport Nature
18	1h 34m 34s	360	HENNER Lucas	19m 58s	12,055	4m 59s	M	18	M0M	2 / 7
19	1h 35m 55s	347	MAHÉLIN Romain	21m 18s	11,886	5m 03s	M	19	M0M	3 / 7 Trail des Foulées de la Vallée Noire
20	1h 36m 12s	328	RICHARD Malo	21m 36s	11,850	5m 04s	M	20	ESM	1 / 2 USABAD36
21	1h 36m 24s	322	SOULARD Loan	21m 48s	11,825	5m 04s	M	21	SEM	7 / 21
22	1h 36m 36s	331	RAGOT Bertrand	22m 00s	11,801	5m 05s	M	22	M4M	2 / 8 USP Running Trail
23	1h 36m 36s	391	BOUTRON Emmanuel	22m 00s	11,801	5m 05s	M	23	M4M	3 / 8 USP Running Trail
24	1h 36m 38s	333	PONSONNAILLE Cédric	22m 02s	11,797	5m 05s	M	24	M0M	4 / 7 USP Running Trail
25	1h 36m 47s	356	LACOTE Johan	22m 10s	11,779	5m 06s	M	25	SEM	8 / 21
26	1h 38m 42s	358	JOUBE Alban	24m 06s	11,549	5m 12s	M	26	SEM	9 / 21
27	1h 39m 12s	395	BLANCA Hélène	24m 36s	11,491	5m 13s	F	1	M0F	1 / 2 Glénic Sport Nature
28	1h 40m 24s	376	DETRAU Stephane	25m 48s	11,354	5m 17s	M	27	M2M	3 / 8 USP Running Trail
29	1h 41m 11s	386	CENDRIER Ludovic	26m 34s	11,267	5m 20s	M	28	M2M	4 / 8 Union Sportive de La Châtre
30	1h 42m 13s	338	PICHON Dominique	27m 36s	11,153	5m 23s	M	29	M5M	1 / 4 Trail des Foulées de la Vallée Noire
31	1h 42m 38s	369	ETIEVE Nicolas	28m 02s	11,107	5m 24s	M	30	SEM	10 / 21 Les gazelles de Vineuil
32	1h 42m 42s	344	MESNARD Olivier	28m 05s	11,101	5m 24s	M	31	M2M	5 / 8 Les Gazelles de Vineuil
33	1h 43m 13s	343	MICHAUD Laurent	28m 36s	11,046	5m 26s	M	32	M5M	2 / 4 USP Running Trail
34	1h 43m 27s	382	CUTARD Bruno	28m 51s	11,019	5m 27s	M	33	M4M	4 / 8
35	1h 43m 30s	361	HAUMONT Anthony	28m 54s	11,014	5m 27s	M	34	SEM	11 / 21
36	1h 44m 39s	317	ULRYCH Laurie	30m 02s	10,894	5m 30s	F	2	M3F	1 / 1 USP Running Trail



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37	1h 44m 51s	342	MONS Laurent	30m 15s	10,872	5m 31s	M	35 M0M	5 / 7
38	1h 44m 58s	371	DUMONTIER Pierre	30m 22s	10,860	5m 31s	M	36 SEM	12 / 21
39	1h 45m 49s	315	VOSSOT Justine	31m 13s	10,773	5m 34s	F	3 SEF	1 / 2
40	1h 45m 49s	387	CARRION Alexandre	31m 13s	10,773	5m 34s	M	37 M0M	6 / 7 US La Châtre Athlétisme
41	1h 46m 20s	329	RICHARD Christophe	31m 43s	10,722	5m 36s	M	38 M5M	3 / 4 USP RUNNING TRAIL
42	1h 46m 47s	340	PERRIOT Julien	32m 11s	10,675	5m 37s	M	39 SEM	13 / 21
43	1h 46m 57s	349	LAVILLE Aurelien	32m 21s	10,659	5m 38s	M	40 M0M	7 / 7
44	1h 48m 24s	362	GUILLOT Mickael	33m 47s	10,517	5m 42s	M	41 M2M	6 / 8 Coureurs de Fond Déolois
45	1h 49m 13s	396	BALLEREAU Tristan	34m 36s	10,439	5m 45s	M	42 ESM	2 / 2
46	1h 50m 36s	359	JACQUIN Alain	35m 59s	10,308	5m 49s	M	43 M4M	5 / 8 USP Running Trail
47	1h 50m 36s	372	DUMINIL Francis	35m 59s	10,308	5m 49s	M	44 M5M	4 / 4 USP Running Trail
48	1h 50m 45s	375	DRAPERIE Miguel	36m 09s	10,293	5m 50s	M	45 M1M	8 / 10 Glenic Sport Nature
49	1h 51m 23s	318	TORIANI Teo	36m 46s	10,235	5m 52s	M	46 SEM	14 / 21
50	1h 51m 30s	367	FERREC Pierre-Brice	36m 54s	10,224	5m 52s	M	47 SEM	15 / 21
51	1h 51m 37s	351	LAURENT David	37m 00s	10,214	5m 52s	M	48 M3M	1 / 6 US La Châtre Athlétisme
52	1h 51m 54s	353	LALEU Théo	37m 18s	10,188	5m 53s	M	49 SEM	16 / 21
53	1h 52m 02s	381	D'ARCANGELA Léo	37m 26s	10,175	5m 54s	M	50 SEM	17 / 21
54	1h 54m 15s	379	DE CROUY CHANEL Geraud	39m 39s	9,978	6m 01s	M	51 M4M	6 / 8
55	1h 54m 37s	3	GUIGNAT Dominique	40m 01s	9,946	6m 02s	M	52 M4M	7 / 8 Les Gazelles de Vineuil
56	1h 55m 37s	346	MARCHAL Olivier	41m 00s	9,861	6m 05s	M	53 M1M	9 / 10
57	1h 56m 10s	368	EVARD Shana	41m 34s	9,813	6m 07s	F	4 SEF	2 / 2 AS Legrand
58	1h 56m 13s	363	GRELET Olivier	41m 36s	9,810	6m 07s	M	54 M2M	7 / 8 rault
59	1h 56m 47s	330	RICARD Jérôme	42m 11s	9,761	6m 09s	M	55 M2M	8 / 8 USP Running Trail
60	1h 56m 57s	332	PROSPERT Gaëtan	42m 20s	9,748	6m 09s	M	56 SEM	18 / 21
61	1h 57m 59s	325	SERRE Henri	43m 22s	9,663	6m 13s	M	57 M4M	8 / 8 US LA CHATRE ATHLETISME
62	1h 58m 25s	352	LASSALLE Cindy	43m 48s	9,628	6m 14s	F	5 M0F	2 / 2 USB
63	1h 59m 51s	399	ALDEBERT Herve	45m 15s	9,512	6m 18s	M	58 M3M	2 / 6 USP Running Trail
64	1h 59m 51s	319	TISSIER Eric	45m 15s	9,512	6m 18s	M	59 M3M	3 / 6 USP Running Trail
65	1h 59m 51s	388	BYDEKERCKE Romain	45m 15s	9,512	6m 18s	M	60 M1M	10 / 10 USP Running Trail
66	2h 00m 07s	397	AUROY Catherine	45m 30s	9,491	6m 19s	F	6 M4F	1 / 1 Boussac Running
67	2h 00m 24s	335	PINTARELLI Émilie	45m 48s	9,468	6m 20s	F	7 M1F	1 / 1
68	2h 02m 51s	345	MARMION Yann	48m 14s	9,280	6m 28s	M	61 SEM	19 / 21
69	2h 03m 28s	323	SOMBARDIER Isabelle	48m 52s	9,233	6m 30s	F	8 M2F	1 / 2 USP Running Trail
70	2h 03m 28s	392	BORIE Gerald	48m 52s	9,233	6m 30s	M	62 M3M	4 / 6 USP Running Trail
71	2h 04m 35s	336	PINOT Philippe	49m 58s	9,151	6m 33s	M	63 M6M	1 / 1 Coureurs de Fond Déolois
72	2h 10m 24s	390	BOYER Emelyne	55m 48s	8,742	6m 52s	F	9 M2F	2 / 2



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73	2h 10m 24s	374	DUFFAY Nicolas	55m 48s	8,742	6m 52s	M	64	M3M 5 / 6
74	2h 11m 16s	373	DUMINIL Alexis	56m 40s	8,684	6m 55s	M	65	SEM 20 / 21
75	2h 16m 41s	384	COLLET Ludovic	2m 04s	8,341	7m 12s	M	66	M3M 6 / 6 AS. CVV
76	2h 34m 35s	350	LAURENT Maxance	19m 59s	7,374	8m 08s	M	67	SEM 21 / 21