



7 Km - La Duchesse de Dino (7 km) - 162 arrivants (64 Femmes - 98 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
1	0h 24m 51s	298	RABATÉ Romain	-	16,901	3m 33s	M	1	SEM	1 / 25 EAI
2	0h 25m 32s	306	RICHARD Simon	0m 41s	16,449	3m 39s	M	2	CAM	1 / 9 ASPTT 36 Sports Nature
3	0h 25m 33s	238	GOURRIER Maxance	0m 42s	16,438	3m 39s	M	3	CAM	2 / 9 ASPTT 36 Sports Nature
4	0h 25m 47s	219	DROTZ Antoine	0m 56s	16,290	3m 41s	M	4	SEM	2 / 25 Châteauroux Métropole
5	0h 26m 03s	245	HAY Enzo	1m 12s	16,123	3m 43s	M	5	CAM	3 / 9 La Berrichonne Chateauroux
6	0h 26m 17s	175	BLANCHARD Alexandre	1m 26s	15,980	3m 45s	M	6	SEM	3 / 25
7	0h 26m 28s	249	JOURNOUX Corentin	1m 37s	15,869	3m 47s	M	7	SEM	4 / 25 Coureurs de Fond Déolois
8	0h 26m 53s	265	LOUET Eliott	2m 02s	15,623	3m 50s	M	8	CAM	4 / 9
9	0h 27m 20s	166	ARNOULD Antonin	2m 29s	15,366	3m 54s	M	9	CAM	5 / 9 ASPTT 36 Sports Nature
10	0h 27m 36s	283	NACFAIRE Nolan	2m 45s	15,217	3m 57s	M	10	CAM	6 / 9
11	0h 27m 59s	315	THOMAS Benjamin	3m 08s	15,009	4m 00s	M	11	M0M	1 / 13 AC Romorantin
12	0h 28m 12s	311	STUBER Benoit	3m 21s	14,894	4m 02s	M	12	M1M	1 / 11
13	0h 28m 17s	262	LIONET Steve	3m 26s	14,850	4m 02s	M	13	M2M	1 / 10 USP RUNNING TRAIL
14	0h 28m 33s	285	PAILLIER Alvinn	3m 42s	14,711	4m 05s	M	14	CAM	7 / 9
15	0h 29m 15s	259	LEROY Geoffrey	4m 24s	14,359	4m 11s	M	15	M0M	2 / 13
16	0h 29m 28s	321	VILLERET Valentin	4m 37s	14,253	4m 13s	M	16	M0M	3 / 13
17	0h 29m 31s	170	BELLET Gilbert	4m 40s	14,229	4m 13s	M	17	M5M	1 / 6 Ardentes
18	0h 29m 43s	207	COUTANT Enzo	4m 52s	14,133	4m 15s	M	18	CAM	8 / 9
19	0h 30m 10s	171	BENARD Florian	5m 19s	13,923	4m 19s	M	19	SEM	5 / 25
20	0h 30m 11s	254	LAMARRE Antoine	5m 20s	13,915	4m 19s	M	20	M4M	1 / 3 La Berrichonne Chateauroux
21	0h 30m 19s	281	MOURAO Grégory	5m 28s	13,854	4m 20s	M	21	M1M	2 / 11
22	0h 30m 28s	330	MARSAIS Julien	5m 37s	13,786	4m 21s	M	22	M2M	2 / 10
23	0h 30m 39s	261	LIAUME Valentin	5m 48s	13,703	4m 23s	M	23	SEM	6 / 25 SC Vatan
24	0h 30m 43s	195	CHARNY RABIER Antonin	5m 52s	13,673	4m 23s	M	24	CAM	9 / 9
25	0h 31m 26s	288	PAQUETTE Etienne	6m 35s	13,362	4m 29s	M	25	JUM	1 / 4 Châteauroux Métropole Cyclisme
26	0h 31m 35s	172	BERNARD Killian	6m 44s	13,298	4m 31s	M	26	SEM	7 / 25
27	0h 31m 38s	241	GRIMAULT Eric	6m 47s	13,277	4m 31s	M	27	M5M	2 / 6 Coureurs de Fond Déolois
28	0h 32m 00s	169	BALLEREAU Tristan	7m 09s	13,125	4m 34s	M	28	JUM	2 / 4
29	0h 32m 06s	185	BRISTIEL Nicolas	7m 15s	13,084	4m 35s	M	29	SEM	8 / 25 Les Gazelles de Vineuil
30	0h 32m 09s	316	TISSIER Aurelien	7m 18s	13,064	4m 36s	M	30	M0M	4 / 13 La Dionysienne Saint denis de jouhet
31	0h 32m 10s	290	PERAT Enzo	7m 19s	13,057	4m 36s	M	31	JUM	3 / 4 42.195
32	0h 32m 13s	225	EMMRICH Allan	7m 22s	13,037	4m 36s	M	32	M0M	5 / 13
33	0h 32m 14s	233	GABIZON Adrien	7m 23s	13,030	4m 36s	M	33	SEM	9 / 25
34	0h 32m 14s	181	BORGET Philippe	7m 23s	13,030	4m 36s	M	34	M5M	3 / 6 Coureurs de Fond Déolois
35	0h 32m 22s	217	DESMARELLES Tony	7m 31s	12,976	4m 37s	M	35	M2M	3 / 10
36	0h 32m 26s	221	DUBOIS Fabien	7m 35s	12,950	4m 38s	M	36	M3M	1 / 9



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Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.
37	0h 32m 30s	189	CAILLAULT Kyllian	7m 39s	12,923	4m 39s	M	37	ESM	1 / 4
38	0h 32m 47s	227	ETIEVE Nicolas	7m 56s	12,811	4m 41s	M	38	SEM	10 / 25 Les Gazelles de Vineuil
39	0h 32m 51s	332	MICHELET Alexis	8m 00s	12,785	4m 42s	M	39	M0M	6 / 13
40	0h 33m 02s	260	LHOIR Céline	8m 11s	12,714	4m 43s	F	1	M3F	1 / 7 AC Romorantin
41	0h 33m 10s	295	POMME Gaël	8m 19s	12,663	4m 44s	M	40	SEM	11 / 25
42	0h 33m 13s	266	MALQUE Alain	8m 22s	12,644	4m 45s	M	41	M5M	4 / 6 Coureurs de Fond Déolois
43	0h 33m 27s	278	MORIN Benoit	8m 36s	12,556	4m 47s	M	42	M1M	3 / 11
44	0h 33m 32s	206	COUDERT Laurent	8m 41s	12,525	4m 47s	M	43	M2M	4 / 10 RUN & BIKE PYREX
45	0h 33m 45s	193	CHARBONNEL Adrien	8m 54s	12,444	4m 49s	M	44	SEM	12 / 25
46	0h 33m 45s	194	CHARBONNEL Damien	8m 54s	12,444	4m 49s	M	45	SEM	13 / 25
47	0h 33m 45s	275	MONICAULT Gilles	8m 54s	12,444	4m 49s	M	46	M6M	1 / 1 Les Gazelles de Vineuil
48	0h 33m 45s	337	THOMAS Remi	8m 54s	12,444	4m 49s	M	47	SEM	14 / 25
49	0h 34m 21s	253	LALLIER Anthony	9m 30s	12,227	4m 54s	M	48	M1M	4 / 11
50	0h 34m 28s	267	MATHIAS Lojon	9m 37s	12,186	4m 55s	M	49	SEM	15 / 25 US Gatines
51	0h 34m 35s	212	DELAVEAU David	9m 44s	12,145	4m 56s	M	50	M1M	5 / 11 Les Gazelles de Vineuil
52	0h 34m 38s	165	ANTIER Charline	9m 47s	12,127	4m 57s	F	2	SEF	1 / 18
53	0h 34m 46s	244	HAVET Victor	9m 55s	12,081	4m 58s	M	51	SEM	16 / 25
54	0h 34m 46s	292	PICARD Jeremy	9m 55s	12,081	4m 58s	M	52	M1M	6 / 11
55	0h 34m 48s	215	DESANNEAUX Sylvain	9m 57s	12,069	4m 58s	M	53	M4M	2 / 3 Coureurs de Fond Déolois
56	0h 35m 08s	263	LIOT Emilie	10m 17s	11,954	5m 01s	F	3	SEF	2 / 18
57	0h 35m 11s	305	RIBEIRO Dominique	10m 20s	11,937	5m 02s	M	54	M2M	5 / 10 Association vélo loisirs Valençay
58	0h 35m 21s	286	PAILLIER Matteo	10m 30s	11,881	5m 03s	M	55	ESM	2 / 4
59	0h 35m 24s	216	DESHAYES Cyrille	10m 33s	11,864	5m 03s	M	56	M0M	7 / 13
60	0h 35m 35s	247	INGELS Ana	10m 44s	11,803	5m 05s	F	4	SEF	3 / 18
61	0h 35m 37s	211	DEDION Sandra	10m 46s	11,792	5m 05s	F	5	M0F	1 / 12 Etoile Sportive Poulaines
62	0h 35m 41s	300	RABIER Lionel	10m 50s	11,770	5m 06s	M	57	M7M	1 / 2
63	0h 35m 59s	174	BILLARD Alain	11m 08s	11,672	5m 08s	M	58	M5M	5 / 6 VINEUIL
64	0h 36m 02s	302	REIFFERS Christophe	11m 11s	11,656	5m 09s	M	59	M5M	6 / 6 ASC BUZANCAIS
65	0h 36m 13s	296	PROUTEAU Antonin	11m 22s	11,597	5m 10s	M	60	SEM	17 / 25
66	0h 36m 14s	297	PROUTEAU Maxime	11m 23s	11,592	5m 11s	M	61	SEM	18 / 25
67	0h 36m 35s	250	JULIEN Ludovic	11m 44s	11,481	5m 14s	M	62	M2M	6 / 10
68	0h 36m 44s	208	COUTON Julien	11m 53s	11,434	5m 15s	M	63	M1M	7 / 11
69	0h 36m 53s	196	CHARTIER Thomas	12m 02s	11,387	5m 16s	M	64	M0M	8 / 13 Run' beer 36
70	0h 37m 11s	199	CHERAMY Valérie	12m 20s	11,295	5m 19s	F	6	M5F	1 / 2 La Berrichonne Chateauroux
71	0h 37m 20s	242	HAMEAU Laurian	12m 29s	11,250	5m 20s	M	65	ESM	3 / 4
72	0h 37m 20s	284	NACFAIRE Vanessa	12m 29s	11,250	5m 20s	F	7	M0F	2 / 12



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73	0h 37m 36s	299	RABIER Justine	12m 45s	11,170	5m 22s	F	8	M0F	3 / 12	La Dionysienne course nature
74	0h 37m 50s	326	BLANCHARD Cyril	12m 59s	11,101	5m 24s	M	66	M3M	2 / 9	
75	0h 37m 55s	252	LABESSE Sophie	13m 04s	11,077	5m 25s	F	9	SEF	4 / 18	
76	0h 38m 02s	163	ALLONNEAU Adrien	13m 11s	11,043	5m 26s	M	67	M0M	9 / 13	
77	0h 38m 15s	243	HAVET Edouard	13m 24s	10,980	5m 28s	M	68	SEM	19 / 25	
78	0h 38m 15s	203	COLAS Johan	13m 24s	10,980	5m 28s	M	69	JUM	4 / 4	Foulées de la vallée noire
79	0h 38m 34s	276	MOREAU Audrey	13m 43s	10,890	5m 31s	F	10	M0F	4 / 12	
80	0h 38m 34s	236	GAY-LE GAC Sandrine	13m 43s	10,890	5m 31s	F	11	M2F	1 / 7	
81	0h 38m 41s	310	SOUPIRON Maëlyne	13m 50s	10,857	5m 32s	F	12	CAF	1 / 1	US Berry Athlétisme
82	0h 38m 45s	182	BOURBONNAIS Celine	13m 54s	10,839	5m 32s	F	13	M0F	5 / 12	
83	0h 38m 47s	328	MORIN Estelle	13m 56s	10,829	5m 32s	F	14	SEF	5 / 18	
84	0h 38m 48s	255	LAMARRE Frederique	13m 57s	10,825	5m 33s	F	15	M3F	2 / 7	La Berrichonne Chateauroux
85	0h 38m 53s	313	TAUPIN Emilie	14m 02s	10,802	5m 33s	F	16	M1F	1 / 11	
86	0h 38m 56s	264	LOPEZ Laura	14m 05s	10,788	5m 34s	F	17	SEF	6 / 18	
87	0h 38m 57s	204	COMBIER Virginie	14m 06s	10,783	5m 34s	F	18	M2F	2 / 7	ASPTT 36 Sports Nature
88	0h 39m 08s	226	EMMRICH Yoann	14m 17s	10,733	5m 35s	M	70	SEM	20 / 25	
89	0h 39m 09s	322	VILLIN Anthéa	14m 18s	10,728	5m 36s	F	19	M0F	6 / 12	
90	0h 39m 10s	237	GERVAIS Christophe	14m 19s	10,723	5m 36s	M	71	M3M	3 / 9	Les Coureurs de Belle-Isle
91	0h 39m 12s	258	LÉON Lucas	14m 21s	10,714	5m 36s	M	72	SEM	21 / 25	
92	0h 39m 17s	317	TOQUEREAU Cecile	14m 26s	10,692	5m 37s	F	20	SEF	7 / 18	
93	0h 39m 22s	336	DUPUIS Etienne	14m 31s	10,669	5m 37s	M	73	M2M	7 / 10	
94	0h 39m 31s	334	GATEFIN Stephanie	14m 40s	10,628	5m 39s	F	21	M3F	3 / 7	
95	0h 39m 48s	335	BEZARD ANNIBAUT Florine	14m 57s	10,553	5m 41s	F	22	M0F	7 / 12	
96	0h 39m 48s	304	RENAUDAT Florent	14m 57s	10,553	5m 41s	M	74	M0M	10 / 13	
97	0h 39m 49s	240	GRELLIER Emilie	14m 58s	10,548	5m 41s	F	23	M1F	2 / 11	
98	0h 40m 15s	272	MÉRIGOT Philippe	15m 24s	10,435	5m 45s	M	75	M3M	4 / 9	
99	0h 40m 15s	312	STUBER Catherine	15m 24s	10,435	5m 45s	F	24	M1F	3 / 11	
100	0h 40m 18s	234	GALLAND DE LONGUERUE Bilal	15m 27s	10,422	5m 45s	M	76	ESM	4 / 4	
101	0h 40m 30s	192	CHABOT Pauline	15m 39s	10,370	5m 47s	F	25	M0F	8 / 12	
102	0h 40m 35s	325	PARENT Valentin	15m 44s	10,349	5m 48s	M	77	SEM	22 / 25	
103	0h 40m 55s	277	MOREAU Nicolas	16m 04s	10,265	5m 51s	M	78	M3M	5 / 9	Sans club
104	0h 41m 00s	178	BOIN Xavier	16m 09s	10,244	5m 51s	M	79	M3M	6 / 9	L'amicale vinophile du Berry
105	0h 41m 08s	320	VERWAERDE Marvin	16m 17s	10,211	5m 53s	M	80	SEM	23 / 25	
106	0h 41m 08s	183	BOYER Emelyne	16m 17s	10,211	5m 53s	F	26	M1F	4 / 11	US Berry Athlétisme
107	0h 41m 08s	188	CADOUOT Timéo	16m 17s	10,211	5m 53s	M	81	SEM	24 / 25	
108	0h 41m 09s	201	COLAS Florent	16m 18s	10,207	5m 53s	M	82	M3M	7 / 9	Foulées de la vallée noire



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109	0h 41m 21s	291	PEREIRA Marie	16m 30s	10,157	5m 54s	F	27	M3F	4 / 7
110	0h 41m 26s	167	AUBRUN Josiane	16m 35s	10,137	5m 55s	F	28	M4F	1 / 1 Coureurs de Fond Déolois
111	0h 41m 32s	180	BONNIN Léa	16m 41s	10,112	5m 56s	F	29	SEF	8 / 18
112	0h 41m 32s	235	GAY Sebastien	16m 41s	10,112	5m 56s	M	83	M3M	8 / 9
113	0h 41m 37s	271	MERIGOT Béatrice	16m 46s	10,092	5m 57s	F	30	M2F	3 / 7
114	0h 41m 38s	308	RIVALAIN Laura	16m 47s	10,088	5m 57s	F	31	M2F	4 / 7
115	0h 41m 38s	256	LATRON Julie	16m 47s	10,088	5m 57s	F	32	M0F	9 / 12
116	0h 41m 45s	289	PATRIGEON Emilie	16m 54s	10,060	5m 58s	F	33	M0F	10 / 12 SL/CA VIERZON
117	0h 41m 56s	186	BUREAU Anna	17m 05s	10,016	5m 59s	F	34	M2F	5 / 7
118	0h 42m 09s	220	DROUIN Maximilien	17m 18s	9,964	6m 01s	M	84	M0M	11 / 13
119	0h 42m 17s	187	BUSSE Lucile	17m 26s	9,933	6m 02s	F	35	SEF	9 / 18
120	0h 42m 21s	251	LABESSE François	17m 30s	9,917	6m 03s	M	85	M0M	12 / 13
121	0h 42m 26s	198	CHASSANG Xavier	17m 35s	9,898	6m 04s	M	86	M1M	8 / 11
122	0h 42m 29s	287	PAINCHAULT-LINGET Véronique	17m 38s	9,886	6m 04s	F	36	M5F	2 / 2 AC Romorantin
123	0h 42m 49s	202	COLAS Ilona	17m 58s	9,809	6m 07s	F	37	SEF	10 / 18 Foulées de la vallée noire
124	0h 42m 49s	223	DUMONTET Maxime	17m 58s	9,809	6m 07s	M	87	SEM	25 / 25 Les foulées de la Vallée Noire
125	0h 42m 57s	209	DE GUILLEBON Valentin	18m 06s	9,779	6m 08s	M	88	M0M	13 / 13
126	0h 43m 01s	279	MORISS Lucie	18m 10s	9,764	6m 09s	F	38	SEF	11 / 18
127	0h 43m 34s	230	FERNANDES Nicolas	18m 43s	9,640	6m 13s	M	89	M1M	9 / 11
128	0h 43m 41s	307	RIPÉ Stéphanie	18m 50s	9,615	6m 14s	F	39	M3F	5 / 7
129	0h 43m 43s	177	BLUSSEAU Clemence	18m 52s	9,607	6m 15s	F	40	SEF	12 / 18
130	0h 43m 46s	333	CAUMON Jerome	18m 55s	9,596	6m 15s	M	90	M2M	8 / 10
131	0h 44m 05s	323	BLUSSUAU Aurore	19m 14s	9,527	6m 18s	F	41		
132	0h 44m 24s	331	DEPONT Stephane	19m 33s	9,459	6m 21s	M	91	M2M	9 / 10
133	0h 44m 28s	161	AGUILAR Oriane	19m 37s	9,445	6m 21s	F	42	ESF	1 / 1
134	0h 44m 40s	191	CESTAC Lydia	19m 49s	9,403	6m 23s	F	43	M6F	1 / 1 A . Coureurs fond déolois
135	0h 44m 46s	228	FAURE Charlotte	19m 55s	9,382	6m 24s	F	44	SEF	13 / 18 Les Gazelles de Vineuil
136	0h 44m 50s	319	VACHER Amandine	19m 59s	9,368	6m 24s	F	45	M1F	5 / 11
137	0h 44m 57s	303	RENAUD Enola	20m 06s	9,344	6m 25s	F	46	SEF	14 / 18
138	0h 45m 04s	232	FRAGNER Romain	20m 13s	9,320	6m 26s	M	92	M1M	10 / 11
139	0h 45m 04s	218	DOUSSOT Laurène	20m 13s	9,320	6m 26s	F	47	M1F	6 / 11
140	0h 45m 20s	314	TAUPIN Pascale	20m 29s	9,265	6m 29s	F	48	M2F	6 / 7
141	0h 45m 28s	246	IMBERT Esther	20m 37s	9,238	6m 30s	F	49	SEF	15 / 18
142	0h 45m 33s	197	CHASSANG Laurence	20m 42s	9,221	6m 30s	F	50	M1F	7 / 11
143	0h 45m 33s	229	FERNANDES Chloé	20m 42s	9,221	6m 30s	F	51	M1F	8 / 11
144	0h 47m 32s	248	JOUFFIN Laurence	22m 41s	8,836	6m 47s	F	52	M3F	6 / 7



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145	0h 47m 59s	205	COSTE Christelle	23m 08s	8,753	6m 51s	F	53	M1F	9 / 11 Les Gazelles de Vineuil
146	0h 48m 03s	257	LEGRAND Carole	23m 12s	8,741	6m 52s	F	54	M2F	7 / 7
147	0h 48m 12s	269	MCHINDRA Hourati	23m 21s	8,714	6m 53s	F	55	M0F	11 / 12
148	0h 48m 35s	239	GOUVERNEL Aline	23m 44s	8,645	6m 56s	F	56	M0F	12 / 12
149	0h 48m 35s	164	AMIZET Caroline	23m 44s	8,645	6m 56s	F	57	SEF	16 / 18
150	0h 48m 35s	280	MOURAO Gaelle	23m 44s	8,645	6m 56s	F	58	M1F	10 / 11
151	0h 48m 52s	224	DUMONTET Noémie	24m 01s	8,595	6m 59s	F	59	SEF	17 / 18
152	0h 48m 54s	222	DUMONTET Benoit	24m 03s	8,589	6m 59s	M	93	M4M	3 / 3 Les foulées de la Vallée Noire
153	0h 49m 03s	327	ROGER Virginie	24m 12s	8,563	7m 00s	F	60	M1F	11 / 11
154	0h 49m 58s	231	FOUGERON Mathieu	25m 07s	8,406	7m 08s	M	94	M1M	11 / 11
155	0h 51m 14s	329	DARIDAN Franck	26m 23s	8,198	7m 19s	M	95	M3M	9 / 9
156	0h 52m 27s	168	AUBRY Fany	27m 36s	8,008	7m 30s	F	61	SEF	18 / 18
157	0h 52m 28s	214	DELETTREZ Patrick	27m 37s	8,005	7m 30s	M	96	M8M	1 / 1
158	0h 52m 45s	282	NABRIN Laetitia	27m 54s	7,962	7m 32s	F	62	M3F	7 / 7 USP RUNNING TRAIL
159	0h 54m 31s	173	BEUCHÉ Chantal	29m 40s	7,704	7m 47s	F	63	M8F	1 / 1 Coureurs de Fond Déolois
160	1h 08m 10s	184	BRIQUET Olivier	43m 19s	6,161	9m 44s	M	97	M2M	10 / 10 La Dionysienne Course Nature
161	1h 13m 09s	324	BERTAUD FOURRIERE Joelle	48m 18s	5,742	10m 27s	F	64	M7F	1 / 1 AC Romorantin
162	1h 13m 37s	294	PINON René	48m 46s	5,705	10m 31s	M	98	M7M	2 / 2 RELAIS AMICAL PARIS JUGE