



5 Km (5,3 km) - 135 arrivants (60 Femmes - 75 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Club/Equipe/Assoc./Ent.	
1	0h 17m 23s	4	AUBARD Alexandre	-	18,289	3m 17s	M	1	SEM	1 / 19	Coueurs de fond deolois
2	0h 18m 59s	78	JOURNOUX Corentin	1m 36s	16,746	3m 35s	M	2	SEM	2 / 19	Coueurs de fond deolois
3	0h 19m 44s	76	HAY Enzo	2m 20s	16,119	3m 43s	M	3	CAM	1 / 5	LBAC
4	0h 20m 20s	117	PAQUETTE Etienne	2m 57s	15,639	3m 50s	M	4	JUM	1 / 3	Châteauroux Métropole Cyclisme
5	0h 20m 28s	64	FOULATIER Lucie	3m 05s	15,532	3m 52s	F	1	SEF	1 / 14	LA BERRICHONNE CHATEAUROUX ATHLETIC CLUB
6	0h 20m 40s	3	AMOURIQ Paul	3m 17s	15,381	3m 54s	M	5	MIM	1 / 3	Le Blanc Athlétisme
7	0h 20m 42s	1	AMOURIQ Clement	3m 19s	15,360	3m 54s	M	6	M1M	1 / 10	Le Blanc Athlétisme
8	0h 20m 42s	134	VILLERET Valentin	3m 19s	15,360	3m 54s	M	7	SEM	3 / 19	Pompiers Chatillon sur Indre
9	0h 20m 47s	27	CHARRON Lisa	3m 24s	15,299	3m 55s	F	2	CAF	1 / 4	LBAC
10	0h 20m 49s	45	COUTANT Yann	3m 26s	15,273	3m 56s	M	8	M2M	1 / 3	Les mollets de Gâtine
11	0h 20m 55s	66	GAULANDEAU Julien	3m 31s	15,207	3m 57s	M	9	M0M	1 / 6	
12	0h 21m 00s	8	BARRIER Timothé	3m 37s	15,138	3m 58s	M	10	SEM	4 / 19	
13	0h 21m 28s	84	LAMARRE Antoine	4m 05s	14,810	4m 03s	M	11	M3M	1 / 7	La Berrichonne Chateauroux
14	0h 21m 39s	18	BOSC Landry	4m 16s	14,689	4m 05s	M	12	ESM	1 / 6	
15	0h 21m 41s	74	GUIGNARD Jérémy	4m 17s	14,670	4m 05s	M	13	M0M	2 / 6	
16	0h 21m 46s	95	LEROY Geoffrey	4m 22s	14,615	4m 06s	M	14	M0M	3 / 6	
17	0h 21m 56s	2	AMOURIQ Jennifer	4m 33s	14,500	4m 08s	F	3	M1F	1 / 7	Le Blanc Athlétisme
18	0h 22m 17s	32	CHERRE Nathan	4m 54s	14,270	4m 12s	M	15	JUM	2 / 3	
19	0h 22m 19s	98	LORRY Rémi	4m 56s	14,252	4m 13s	M	16	SEM	5 / 19	
20	0h 22m 21s	11	BELLET Gilbert	4m 58s	14,229	4m 13s	M	17	M5M	1 / 2	Ardentes
21	0h 22m 21s	34	CIRÉ Lucie	4m 58s	14,229	4m 13s	F	4	SEF	2 / 14	LBCAC
22	0h 22m 21s	47	DA CAMARA Mathias	4m 58s	14,229	4m 13s	M	18	SEM	6 / 19	LBCAC
23	0h 22m 28s	61	ESNAULT Théo	5m 05s	14,157	4m 14s	M	19	CAM	2 / 5	
24	0h 22m 38s	127	STALIN Dylan	5m 15s	14,052	4m 16s	M	20	SEM	7 / 19	
25	0h 22m 38s	51	DELAUNAY Nolwenn	5m 15s	14,052	4m 16s	F	5	ESF	1 / 5	LBCAC
26	0h 22m 45s	19	BOULLOUZ Hakim	5m 22s	13,978	4m 18s	M	21	SEM	8 / 19	
27	0h 23m 40s	26	CHARBONNIER Nicolas	6m 17s	13,438	4m 28s	M	22	M1M	2 / 10	
28	0h 23m 47s	67	GEORGES Sylvain	6m 24s	13,371	4m 29s	M	23	M1M	3 / 10	USP running trail
29	0h 23m 56s	29	CHAUFFERT Corentin	6m 33s	13,284	4m 31s	M	24	ESM	2 / 6	Les Gazelles de Vineuil
30	0h 23m 58s	42	COUDERT Laurent	6m 35s	13,267	4m 31s	M	25	M2M	2 / 3	Pyrex Run & Bike
31	0h 24m 06s	82	LALLIER Anthony	6m 43s	13,191	4m 33s	M	26	M1M	4 / 10	
32	0h 24m 13s	44	COUTANT Enzo	6m 50s	13,129	4m 34s	M	27	CAM	3 / 5	Les mollets de Gâtine
33	0h 24m 17s	58	EMMRICH Allan	6m 54s	13,094	4m 35s	M	28	M0M	4 / 6	
34	0h 24m 54s	20	BOURGUIGNON Noa	7m 31s	12,772	4m 42s	M	29	MIM	2 / 3	
35	0h 24m 58s	28	CHARTIER Thomas	7m 35s	12,734	4m 43s	M	30	M0M	5 / 6	Run' beer 36
36	0h 24m 58s	118	PICHON Dominique	7m 35s	12,734	4m 43s	M	31	SEM	9 / 19	Les Foulées de la Vallée Noire



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37	0h 25m 10s	25	CHAPUT Mathis	7m 47s	12,636	4m 45s	M	32	ESM	3 / 6
38	0h 25m 22s	40	COLAS Johan	7m 59s	12,532	4m 47s	M	33	CAM	4 / 5 Foulées de la vallée noire
39	0h 25m 26s	60	ESNAULT Séverine	8m 02s	12,506	4m 48s	F	6	M1F	2 / 7 La foulée Rochelaise
40	0h 25m 31s	7	BARON Elodie	8m 08s	12,463	4m 49s	F	7	SEF	3 / 14
41	0h 25m 33s	113	MONICAULT Gilles	8m 10s	12,442	4m 49s	M	34	M6M	1 / 4 Les Gazelles de Vineuil
42	0h 25m 33s	6	AUDEBERT Cedric	8m 10s	12,442	4m 49s	M	35	M2M	3 / 3 LES GAZELLES DE VINEUIL
43	0h 25m 36s	50	DEDION Sandra	8m 13s	12,421	4m 50s	F	8	M0F	1 / 9 Etoile Sportive Poulaines
44	0h 25m 52s	132	VALLÉE Logan	8m 29s	12,290	4m 53s	M	36	SEM	10 / 19
45	0h 26m 02s	77	ISMAEL John	8m 39s	12,215	4m 55s	M	37	SEM	11 / 19
46	0h 26m 02s	54	DUMONTET Benoit	8m 39s	12,215	4m 55s	M	38	M4M	1 / 4 Les foulées de la Vallée Noire
47	0h 26m 20s	15	BERNUCHON Liou	8m 56s	12,078	4m 58s	F	9	M1F	1 / 3
48	0h 26m 27s	141	BRISSET Leo	9m 03s	12,025	4m 59s	M	39	ESM	4 / 6
49	0h 26m 29s	97	LEROY-PERICHE Fantine	9m 06s	12,007	5m 00s	F	10	CAF	2 / 4
50	0h 26m 32s	93	LEGROS Arthur	9m 08s	11,988	5m 00s	M	40	SEM	12 / 19 Assp vergeze
51	0h 26m 34s	125	SARAMAGO Ruben	9m 11s	11,967	5m 01s	M	41	JUM	3 / 3
52	0h 26m 36s	14	BERNUCHON Clothilde	9m 13s	11,952	5m 01s	F	11	M2F	1 / 6
53	0h 26m 38s	9	BARRY Virginie	9m 15s	11,937	5m 02s	F	12	SEF	4 / 14
54	0h 26m 42s	94	LEROY Elodie	9m 18s	11,914	5m 02s	F	13	SEF	5 / 14 ASPTT
55	0h 26m 55s	86	LAMY Pauline	9m 31s	11,817	5m 05s	F	14	SEF	6 / 14
56	0h 27m 14s	122	REIFFERS Christophe	9m 50s	11,679	5m 08s	M	42	M5M	2 / 2 ASC BUZANCAIS
57	0h 27m 14s	36	CLEMENT Richard	9m 50s	11,679	5m 08s	M	43	M0M	6 / 6 Association des coureurs de Loches
58	0h 27m 44s	59	EMMRICH Yoann	10m 20s	11,468	5m 14s	M	44	SEM	13 / 19
59	0h 27m 46s	131	VALLEE Bruno	10m 23s	11,453	5m 14s	M	45	M4M	2 / 4
60	0h 27m 55s	111	MILLET Tanguy	10m 32s	11,390	5m 16s	M	46	SEM	14 / 19
61	0h 27m 55s	89	LE GARGASSON Marine	10m 32s	11,390	5m 16s	F	15	M1F	2 / 3
62	0h 27m 58s	62	FOUASSIER Nicolas	10m 34s	11,373	5m 17s	M	47	M3M	2 / 7 FIC
63	0h 28m 02s	31	CHAVIGNAUD Sebastien	10m 39s	11,345	5m 17s	M	48	M1M	5 / 10
64	0h 28m 09s	137	GATEFIN Stephane	10m 46s	11,296	5m 19s	F	16	M2F	2 / 6
65	0h 28m 16s	114	MOREAU Fabienne	10m 53s	11,251	5m 20s	F	17	M3F	1 / 3
66	0h 28m 16s	123	SABOURAULT Frédéric	10m 53s	11,247	5m 20s	M	49	M3M	3 / 7
67	0h 28m 18s	73	GRELLIER Emilie	10m 55s	11,234	5m 20s	F	18	M1F	3 / 7
68	0h 28m 28s	65	GALLOT Clemence	11m 05s	11,169	5m 22s	F	19	M0F	2 / 9
69	0h 28m 35s	121	PROCCUREUR Marie	11m 12s	11,123	5m 24s	F	20	SEF	7 / 14
70	0h 28m 47s	135	ZAMOR Edith	11m 24s	11,047	5m 26s	F	21	M4F	1 / 6
71	0h 29m 03s	35	CLEMENT Michel	11m 40s	10,945	5m 29s	M	50	M7M	1 / 1 Association des coureurs de Loches
72	0h 29m 03s	126	SOUZEAU Marie	11m 40s	10,945	5m 29s	F	22	M0F	3 / 9



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73	0h 29m 06s	142	BERARD Florine	11m 43s	10,929	5m 29s	F	23	SEF	8 / 14
74	0h 29m 14s	101	MALLERET Benoit	11m 51s	10,875	5m 31s	M	51	M4M	3 / 4
75	0h 29m 18s	119	PINOTEAU Baptiste	11m 54s	10,855	5m 32s	M	52	SEM	15 / 19
76	0h 29m 28s	147	ROUTET Christophe	12m 05s	10,790	5m 34s	M	53	M1M	6 / 10
77	0h 29m 40s	128	THIERRY--GANGNERON Alysson	12m 17s	10,716	5m 36s	F	24	CAF	3 / 4
78	0h 29m 47s	143	MERIoT Jean-Noel	12m 23s	10,679	5m 37s	M	54	M6M	2 / 4
79	0h 29m 53s	80	LALEUF Matéo	12m 30s	10,641	5m 38s	M	55	ESM	5 / 6
80	0h 30m 10s	120	PINOTEAU Noémie	12m 47s	10,541	5m 42s	F	25	SEF	9 / 14
81	0h 30m 12s	91	LEBLANC Stéphane	12m 49s	10,527	5m 42s	M	56	M1M	7 / 10
82	0h 30m 21s	55	DUMONTET Maxime	12m 58s	10,478	5m 44s	M	57	SEM	16 / 19 Les foulées de la Vallée Noire
83	0h 30m 37s	146	BERNARD Morgane	13m 13s	10,389	5m 47s	F	26	M0F	4 / 9
84	0h 30m 37s	149	GIMENEZ Sebastien	13m 13s	10,389	5m 47s	M	58	SEM	17 / 19
85	0h 30m 38s	145	BIRON Denis	13m 15s	10,378	5m 47s	M	59	M1M	8 / 10
86	0h 30m 40s	52	DESCOUTURES Angélique	13m 16s	10,372	5m 47s	F	27	M2F	3 / 6 LIBERTY SHOES
87	0h 30m 49s	150	LALEUF Alexis	13m 26s	10,318	5m 49s	M	60	SEM	18 / 19
88	0h 31m 03s	43	COURCELLE Geraldine	13m 40s	10,240	5m 52s	F	28	M2F	4 / 6
89	0h 31m 07s	16	BORGEAIS Pascal	13m 44s	10,220	5m 52s	M	61	M6M	3 / 4 Triathlon club chateauroux metropole 36
90	0h 31m 11s	72	GRANGER Laura	13m 48s	10,199	5m 53s	F	29	SEF	10 / 14 Studiofit
91	0h 31m 18s	39	COLAS Ilona	13m 54s	10,162	5m 54s	F	30	ESF	2 / 5 Foulées de la vallée noire
92	0h 31m 18s	38	COLAS Florent	13m 54s	10,162	5m 54s	M	62	M3M	4 / 7 Foulées de la vallée noire
93	0h 31m 22s	116	NOËL Myriam	13m 59s	10,138	5m 55s	F	31	SEF	11 / 14
94	0h 31m 24s	33	CHIPAULT Emmanuelle	14m 01s	10,125	5m 56s	F	32	M0F	5 / 9 Les coureurs de Belle île
95	0h 31m 31s	75	GUIGNARD Léa	14m 08s	10,089	5m 57s	F	33	CAF	4 / 4
96	0h 31m 36s	99	LUNEAU Alexia	14m 13s	10,064	5m 58s	F	34	M0F	6 / 9
97	0h 31m 55s	56	DUVAL Cecile	14m 32s	9,964	6m 01s	F	35	M0F	7 / 9
98	0h 31m 57s	90	LEBLANC Noah Bili	14m 34s	9,953	6m 02s	M	63	MIM	3 / 3
99	0h 32m 29s	21	BRIER CHERGUI Jacqueline	15m 05s	9,792	6m 08s	F	36	M4F	2 / 6 ASPTT SPORT NATURE
100	0h 32m 29s	53	DUFFAUX Eric	15m 05s	9,792	6m 08s	M	64	M3M	5 / 7
101	0h 32m 55s	17	BOSC Cyril	15m 32s	9,661	6m 13s	M	65	M3M	6 / 7 US VILLEDIEU
102	0h 32m 55s	83	LALOGÉ Léa	15m 32s	9,661	6m 13s	F	37	ESF	3 / 5
103	0h 32m 55s	63	FOUCRET Carine	15m 32s	9,661	6m 13s	F	38	M2F	5 / 6 US VILLEDIEU
104	0h 32m 55s	138	MERY Victoire	15m 32s	9,661	6m 13s	F	39	JUF	1 / 1
105	0h 32m 55s	109	MERY Eulalie	15m 32s	9,661	6m 13s	F	40	ESF	4 / 5 US VILLEDIEU
106	0h 33m 09s	133	VERDON Mélyne	15m 45s	9,595	6m 15s	F	41	MIF	3 / 3
107	0h 33m 09s	37	COIRARD Yanis	15m 45s	9,595	6m 15s	M	66	CAM	5 / 5 Coirard's Family
108	0h 33m 14s	130	URFALINO Patrick	15m 50s	9,571	6m 16s	M	67	M6M	4 / 4 ASC BUZANÇAIS



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109	0h 33m 25s	71	GOULET Gladys	16m 02s	9,515	6m 18s	F	42	SEF	12 / 14
110	0h 33m 31s	24	CARDINEAU Valerie	16m 08s	9,489	6m 19s	F	43	M4F	3 / 6 Harmonie Mutuelle
111	0h 33m 48s	30	CHAVIGNAUD Christophe	16m 25s	9,407	6m 23s	M	68	M1M	9 / 10
112	0h 33m 52s	112	MONFORT Yvette	16m 28s	9,392	6m 23s	F	44	M5F	1 / 2
113	0h 33m 57s	108	MERY Angeline	16m 34s	9,366	6m 24s	F	45	SEF	13 / 14 Cercle haltérophilie musculation de Châteauroux
114	0h 34m 01s	92	LEGRAND Carole	16m 38s	9,347	6m 25s	F	46	M2F	6 / 6
115	0h 34m 23s	124	SABOURAULT Patricia	17m 00s	9,250	6m 29s	F	47	M4F	4 / 6
116	0h 34m 32s	5	AUBRUN Josiane	17m 08s	9,210	6m 31s	F	48	M4F	5 / 6
117	0h 35m 02s	148	JACQUOT Dylan	17m 38s	9,078	6m 37s	M	69	SEM	19 / 19
118	0h 35m 07s	106	MERCIER Dorothée	17m 44s	9,054	6m 38s	F	49	M0F	8 / 9
119	0h 35m 07s	105	MARSAIS Céline	17m 44s	9,054	6m 38s	F	50	M1F	4 / 7
120	0h 35m 17s	13	BERIA Nicolas	17m 54s	9,012	6m 39s	M	70	ESM	6 / 6
121	0h 35m 23s	96	LEROY Magali	18m 00s	8,988	6m 41s	F	51	M1F	5 / 7 Macadam36
122	0h 36m 41s	88	LE GARGASSON Maider	19m 18s	8,668	6m 55s	F	52	M1F	6 / 7
123	0h 37m 12s	100	MAGNE Eric	19m 49s	8,549	7m 01s	M	71	M3M	7 / 7
124	0h 37m 44s	139	BRISSET Oceane	20m 21s	8,426	7m 07s	F	53	SEF	14 / 14
125	0h 37m 44s	140	BENOIT Emmanuel	20m 21s	8,426	7m 07s	M	72	M4M	4 / 4
126	0h 38m 01s	115	NABRIN Laetitia	20m 38s	8,365	7m 10s	F	54	M3F	2 / 3 USP running trail
127	0h 39m 14s	87	LE FOULGOCQ Dominique	21m 51s	8,105	7m 24s	M	73	M8M	1 / 1 AC Romorantin les Mollets de Gatine
128	0h 39m 54s	48	DAMBA Assibi	22m 30s	7,971	7m 32s	F	55	M0F	9 / 9
129	0h 41m 28s	69	GIRAUD Maryline	24m 05s	7,669	7m 49s	F	56	M3F	3 / 3
130	0h 41m 28s	70	GIROUARD Sophie	24m 05s	7,669	7m 49s	F	57	M1F	7 / 7
131	0h 43m 42s	10	BAYARD Rene	26m 19s	7,277	8m 15s	M	74	M10M	1 / 1
132	0h 45m 38s	144	POYTEAU Antoinette	28m 15s	6,969	8m 37s	F	58	M5F	2 / 2
133	0h 45m 38s	136	GUERINEAU Patricia	28m 15s	6,969	8m 37s	F	59	M4F	6 / 6
134	0h 47m 15s	49	DECOUX BOUQUET Amandine	29m 52s	6,730	8m 55s	F	60	ESF	5 / 5
135	0h 47m 18s	22	BRIQUET Olivier	29m 55s	6,722	8m 56s	M	75	M1M	10 / 10 La Dionysienne Course Nature