



10 Km (10 km) - 59 arrivants (11 Femmes - 48 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe	Catégorie	Club/Equipe/Assoc./Ent.
1	0h 32m 43s	235	LEFEVRE Lucien	-	18,343	3m 16s	M	1 SEM	1 / 7
2	0h 33m 52s	190	LAGORCE Benoit	1m 09s	17,720	3m 23s	M	2 M1M	1 / 5
3	0h 36m 00s	169	DEL MORAL Luigi	3m 17s	16,670	3m 36s	M	3 M0M	1 / 13 CASIM
4	0h 36m 47s	153	AUBARD Antonin	4m 05s	16,309	3m 41s	M	4 ESM	1 / 1 Coureurs de Fond Déolois
5	0h 36m 55s	181	GAUTRON Sebastien	4m 13s	16,250	3m 42s	M	5 M1M	2 / 5 TCCM36
6	0h 37m 10s	182	GIRARD Arnaud	4m 28s	16,140	3m 43s	M	6 M0M	2 / 13 USP Running Trail
7	0h 37m 16s	188	JAMIN Valentin	4m 33s	16,102	3m 44s	M	7 SEM	2 / 7 Les Loges'Hic
8	0h 37m 36s	191	LAUBRY Julien	4m 53s	15,959	3m 46s	M	8 SEM	3 / 7 Montluçon Athlétisme
9	0h 38m 15s	241	LACOLLE Julien	5m 32s	15,687	3m 49s	M	9 M2M	1 / 7 Les Mollets de Gatine
10	0h 38m 56s	185	GUIGNAT Julien	6m 14s	15,409	3m 54s	M	10 SEM	4 / 7 Mauves attitudes
11	0h 39m 43s	240	PARENT Frederic	7m 01s	15,106	3m 58s	M	11 M3M	1 / 4 Les Mollets de Gatine
12	0h 39m 52s	175	DURANTON Alexis	7m 09s	15,051	3m 59s	M	12 M0M	3 / 13 Montluçon Athlétisme
13	0h 41m 05s	162	CHATAIN Laura	8m 22s	14,604	4m 06s	F	1 JUF	1 / 1 ASPTT 36 Sports Nature
14	0h 41m 32s	183	GUIGNARD Jérémy	8m 50s	14,445	4m 09s	M	13 M0M	4 / 13
15	0h 42m 17s	192	LAUMONERIE Maxime	9m 34s	14,190	4m 14s	M	14 M0M	5 / 13 USP Running Trail
16	0h 43m 07s	237	ETIEVE Nicolas	10m 25s	13,914	4m 19s	M	15 SEM	5 / 7 Les gazelles de Vineuil
17	0h 43m 11s	195	LEROY Geoffrey	10m 28s	13,896	4m 19s	M	16 M0M	6 / 13
18	0h 43m 14s	186	GUIGNAT Marine	10m 31s	13,880	4m 19s	F	2 SEF	1 / 3 Les gazelles de Vineuil
19	0h 43m 28s	232	MAHELIN Romain	10m 46s	13,802	4m 21s	M	17 SEM	6 / 7
20	0h 43m 34s	157	BENALI Saïd	10m 51s	13,772	4m 21s	M	18 M1M	3 / 5
21	0h 45m 05s	154	BALLEREAU Guillaume	12m 23s	13,308	4m 31s	M	19 M1M	4 / 5
22	0h 45m 33s	164	COIRARD Stéphane	12m 50s	13,174	4m 33s	M	20 M2M	2 / 7 Coureurs de Fond Déolois
23	0h 45m 38s	176	EVAIN Julien	12m 55s	13,151	4m 34s	M	21 M0M	7 / 13 ASPTT 36 Sports Nature
24	0h 45m 38s	172	DETRAU Stephane	12m 55s	13,151	4m 34s	M	22 M2M	3 / 7 USP Running Trail
25	0h 45m 41s	159	BOUNIOUX Michael	12m 58s	13,135	4m 34s	M	23 M3M	2 / 4
26	0h 45m 57s	184	GUIGNAT Dominique	13m 14s	13,058	4m 36s	M	24 M4M	1 / 4 Les gazelles de Vineuil
27	0h 46m 30s	161	CATALINO Christophe	13m 47s	12,904	4m 39s	M	25 M2M	4 / 7 ASPTT 36 Sports Nature
28	0h 46m 37s	152	ALBERT Jean Charles	13m 55s	12,870	4m 40s	M	26 M5M	1 / 5 Coureurs de Fond Déolois
29	0h 47m 12s	244	CHAUMETTE Bruno	14m 29s	12,713	4m 43s	M	27 M5M	2 / 5 US la Châtre athlétisme
30	0h 47m 23s	216	SIMON Laurent	14m 41s	12,661	4m 44s	M	28 M3M	3 / 4
31	0h 48m 12s	238	YVERNAULT Joel	15m 29s	12,449	4m 49s	M	29 M5M	3 / 5 Boussac Running
32	0h 48m 18s	160	BROSSAIS Christopher	15m 36s	12,422	4m 50s	M	30 M0M	8 / 13
33	0h 48m 23s	243	HUBERT Isabelle	15m 40s	12,402	4m 50s	F	3 M3F	1 / 2 US la Châtre athlétisme
34	0h 48m 43s	219	PEPIN Cedric	16m 01s	12,314	4m 52s	M	31 M3M	4 / 4 Les gazelles de Vineuil
35	0h 49m 14s	173	DUMINIL Francis	16m 32s	12,185	4m 55s	M	32 M4M	2 / 4 USP Running Trail
36	0h 49m 37s	158	BILLARD Alain	16m 55s	12,092	4m 58s	M	33 M5M	4 / 5 VINEUIL



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37	0h 50m 00s	151	AH-THIANE Renaud	17m 17s	12,002	5m 00s	M	34	M0M	9 / 13
38	0h 50m 05s	211	RAFFINAT Stéphane	17m 23s	11,978	5m 01s	M	35	M2M	5 / 7 ASPTT 36 Sports Nature
39	0h 50m 28s	167	DEGOT Emmanuel	17m 45s	11,890	5m 03s	M	36	M2M	6 / 7
40	0h 50m 32s	174	DUPLESSIS Jean-Charles	17m 49s	11,875	5m 03s	M	37	M0M	10 / 13
41	0h 50m 44s	193	LAZARD Matteo	18m 02s	11,825	5m 04s	M	38	CAM	1 / 1 SAS Vincent
42	0h 51m 07s	189	JOLY Ludovic	18m 25s	11,738	5m 07s	M	39	M4M	3 / 4 Cdfd
43	0h 51m 20s	223	LABBE Steve	18m 37s	11,690	5m 08s	M	40	SEM	7 / 7
44	0h 51m 53s	210	PASQUET Émilie	19m 10s	11,565	5m 11s	F	4	SEF	2 / 3
45	0h 53m 02s	163	CLAVAUD José	20m 20s	11,312	5m 18s	M	41	M6M	1 / 1
46	0h 55m 48s	203	MALIGNY Mélanie	23m 05s	10,753	5m 35s	F	5	M1F	1 / 1
47	0h 55m 48s	201	MALIGNY Julien	23m 05s	10,753	5m 35s	M	42	M1M	5 / 5
48	0h 55m 52s	208	MILLET Lisa	23m 09s	10,741	5m 35s	F	6	M0F	1 / 2
49	0h 55m 54s	180	GAUMEZ Romane	23m 12s	10,733	5m 35s	F	7	ESF	1 / 1
50	0h 55m 58s	194	LE DUC Karine	23m 15s	10,721	5m 36s	F	8	M3F	2 / 2 ASPTT 36 Sports Nature
51	0h 56m 43s	178	GALLIEN Véronique	24m 00s	10,579	5m 40s	F	9	M4F	1 / 1
52	0h 57m 08s	177	FEAUVEAUX Alexandre	24m 25s	10,502	5m 43s	M	43	M0M	11 / 13 La Berrichonne Châteauroux Athletic Club
53	0h 58m 16s	166	DAVID Aurelien	25m 34s	10,296	5m 50s	M	44	M0M	12 / 13
54	0h 58m 36s	165	CURTET Gildas	25m 54s	10,238	5m 52s	M	45	M5M	5 / 5 La Berrichonne Châteauroux Athletic Club
55	0h 59m 40s	207	MALLERET Benoit	26m 57s	10,057	5m 58s	M	46	M4M	4 / 4
56	1h 02m 34s	218	VILLIN Anthéa	29m 51s	9,590	6m 15s	F	10	M0F	2 / 2
57	1h 02m 34s	217	THOMAS Nicolas	29m 51s	9,590	6m 15s	M	47	M2M	7 / 7
58	1h 04m 44s	171	DENIBEAU Vincent	32m 01s	9,270	6m 28s	M	48	M0M	13 / 13 Boxe Français Deols
59	1h 12m 37s	155	BANDALY Bérénice	39m 54s	8,262	7m 16s	F	11	SEF	3 / 3