

## La 23 Express - 10 Km (10 km) - 213 arrivants (92 Femmes - 121 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Tps Réel	Club/Equipe/Assoc./Ent.	
1	0h 36m 18s	366	LARDELLIER Remi	-	16,529	3m 38s	M	1	ESM	1 / 8	0h 36m 18s	LIMOGES ATHLE
2	0h 36m 41s	342	BRIDIER Sonny	0m 23s	16,356	3m 40s	M	2	SEM	1 / 29	0h 36m 40s	Glenic Sport Nature
3	0h 37m 00s	327	DEVAUTOUR Jean-Marc	0m 42s	16,216	3m 42s	M	3	SEM	2 / 29	0h 36m 59s	LAC
4	0h 37m 45s	229	LAVAUGAUTIER Patrice	1m 27s	15,894	3m 47s	M	4	M1M	1 / 10	0h 37m 45s	Endurance 22 La Souterraine
5	0h 37m 59s	376	DECROSE Pierre	1m 41s	15,796	3m 48s	M	5	SEM	3 / 29	0h 37m 58s	Glenic sport nature
6	0h 38m 09s	274	DECOURTEIX Remy	1m 51s	15,727	3m 49s	M	6	M1M	2 / 10	0h 38m 08s	Le LAC
7	0h 38m 14s	370	LAUMY Hadrien	1m 56s	15,693	3m 49s	M	7	SEM	4 / 29	0h 38m 14s	
8	0h 38m 20s	216	GRAS Antoine	2m 02s	15,652	3m 50s	M	8	SEM	5 / 29	0h 38m 20s	
9	0h 40m 22s	299	RAFFINAT Léo	4m 04s	14,864	4m 02s	M	9	SEM	6 / 29	0h 40m 21s	
10	0h 40m 23s	301	MANEQUIN Anthony	4m 05s	14,858	4m 02s	M	10	SEM	7 / 29	0h 40m 22s	
11	0h 41m 24s	217	GRAS Mathieu	5m 06s	14,493	4m 08s	M	11	SEM	8 / 29	0h 41m 24s	
12	0h 41m 36s	312	LAVAUD Mickaël	5m 18s	14,423	4m 10s	M	12	M1M	3 / 10	0h 41m 36s	Aucun
13	0h 41m 43s	332	GAUMET Franck	5m 25s	14,383	4m 10s	M	13	M3M	1 / 15	0h 41m 42s	GLENIC SPORT NATURE
14	0h 42m 43s	227	LARDY Arnaud	6m 25s	14,046	4m 16s	M	14	M2M	1 / 19	0h 42m 43s	
15	0h 42m 52s	237	MARIDAT Maxence	6m 34s	13,997	4m 17s	M	15	ESM	2 / 8	0h 42m 52s	
16	0h 42m 56s	333	GAUMET Nora	6m 38s	13,975	4m 18s	F	1	M3F	1 / 10	0h 42m 55s	GLENIC SPORT NATURE
17	0h 43m 28s	240	NICOLAS Raphael	7m 10s	13,804	4m 21s	M	16	SEM	9 / 29	0h 43m 28s	Endurance 23 La Souterraine
18	0h 44m 01s	294	DORAY Mikael	7m 43s	13,631	4m 24s	M	17	SEM	10 / 29	0h 44m 01s	
19	0h 45m 02s	329	DOURDY Adrien	8m 44s	13,323	4m 30s	M	18	MOM	1 / 11	0h 45m 02s	
20	0h 45m 12s	226	LARDELLIER Renaud	8m 54s	13,274	4m 31s	M	19	M2M	2 / 19	0h 45m 11s	SAM Guéret
21	0h 45m 23s	326	JACQUEMAIN Olivier	9m 05s	13,221	4m 32s	M	20	M3M	2 / 15	0h 45m 16s	Endurance 23
22	0h 45m 27s	307	DESARMENIEN Alexis	9m 09s	13,201	4m 33s	M	21	SEM	11 / 29	0h 45m 24s	SAM GUERET
23	0h 45m 31s	380	VAN CAUWENBERGHE Thierry	9m 13s	13,182	4m 33s	M	22	M6M	1 / 2	0h 45m 29s	US LA CHATRE ATHLE
24	0h 45m 35s	218	GRAS Philippe	9m 17s	13,163	4m 34s	M	23	M3M	3 / 15	0h 45m 35s	Asbf
25	0h 45m 41s	340	DEFFONTIS Hugo	9m 23s	13,134	4m 34s	M	24	SEM	12 / 29	0h 45m 41s	
26	0h 46m 05s	198	DUFFAUX Lou	9m 47s	13,020	4m 37s	F	2	JUF	1 / 2	0h 46m 05s	ASPTT CHATEAUROUX 36 SECTION S
27	0h 46m 12s	362	RICHEN Vincent	9m 54s	12,987	4m 37s	M	25	M1M	4 / 10	0h 46m 04s	
28	0h 46m 17s	351	BUZIER Noa	9m 59s	12,964	4m 38s	M	26	JUM	1 / 1	0h 46m 17s	ENDURANCE 23
29	0h 46m 23s	330	MORELET Gaspard	10m 05s	12,936	4m 38s	M	27	ESM	3 / 8	0h 46m 17s	
30	0h 46m 47s	177	CHENEBAULT Laurent	10m 29s	12,825	4m 41s	M	28	MOM	2 / 11	0h 46m 45s	
31	0h 46m 49s	328	BLINET Thierry	10m 31s	12,816	4m 41s	M	29	M5M	1 / 6	0h 46m 44s	Free Runners
32	0h 47m 07s	251	RIVAUD Geoffroy	10m 49s	12,734	4m 43s	M	30	SEM	13 / 29	0h 47m 02s	
33	0h 47m 08s	267	YVERNAULT Karl	10m 50s	12,730	4m 43s	M	31	M2M	3 / 19	0h 47m 07s	
34	0h 47m 20s	379	LETANG Sebastien	11m 02s	12,676	4m 44s	M	32	M2M	4 / 19	0h 47m 15s	ENDURANCE 23
35	0h 47m 44s	158	BARON Loïc	11m 26s	12,570	4m 46s	M	33	SEM	14 / 29	0h 47m 36s	
36	0h 47m 46s	345	LABERGÈRE Julien	11m 28s	12,561	4m 47s	M	34	ESM	4 / 8	0h 47m 44s	

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Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Tps Réel	Club/Equipe/Assoc./Ent.	
37	0h 48m 19s	174	CHAIZEMARTIN Emilie	12m 01s	12,418	4m 50s	F	3	M0F	1 / 13	0h 48m 19s	Ac saint palais sur mer
38	0h 48m 29s	249	RAVEL Sandrine	12m 11s	12,375	4m 51s	F	4	M2F	1 / 13	0h 48m 29s	Club running couzeix
39	0h 48m 35s	377	DUFETEL Heremie	12m 17s	12,350	4m 52s	M	35	M2M	5 / 19	0h 48m 35s	LEYRENNE AC
40	0h 48m 38s	324	RANTY Stephane	12m 20s	12,337	4m 52s	M	36	M3M	4 / 15	0h 48m 38s	
41	0h 48m 48s	266	BORDAS Virginie	12m 30s	12,295	4m 53s	F	5	M2F	2 / 13	0h 48m 45s	EA AUBUSSON
42	0h 48m 58s	277	JOUANNY Guillaume	12m 40s	12,253	4m 54s	M	37	M1M	5 / 10	0h 48m 56s	boussac running
43	0h 49m 07s	176	CHAPUT Paul	12m 49s	12,216	4m 55s	M	38	M4M	1 / 12	0h 49m 06s	AC SAINT VAURY
44	0h 49m 23s	336	QUICHON Jullien	13m 05s	12,150	4m 56s	M	39	SEM	15 / 29	0h 49m 23s	
45	0h 49m 34s	206	FELIX Benjamin	13m 16s	12,105	4m 57s	M	40	SEM	16 / 29	0h 49m 29s	
46	0h 49m 40s	260	ZAMORA Victor	13m 22s	12,081	4m 58s	M	41	SEM	17 / 29	0h 49m 40s	
47	0h 49m 50s	271	JARDY Cyrille	13m 32s	12,040	4m 59s	M	42	M3M	5 / 15	0h 49m 50s	
48	0h 50m 13s	334	BOST Nicolas	13m 55s	11,948	5m 01s	M	43	M0M	3 / 11	0h 50m 09s	US LA CHATRE ATHLE
49	0h 50m 20s	356	CARRARA Raphael	14m 02s	11,921	5m 02s	M	44	SEM	18 / 29	0h 50m 13s	
50	0h 50m 31s	357	FOURGEAUD Stephane	14m 13s	11,877	5m 03s	M	45	M3M	6 / 15	0h 50m 16s	individuel
51	0h 50m 36s	212	GLAUDET Stephane	14m 18s	11,858	5m 04s	M	46	M2M	6 / 19	0h 50m 28s	
52	0h 50m 37s	193	DEPERRY Florine	14m 19s	11,854	5m 04s	F	6	SEF	1 / 26	0h 50m 36s	
53	0h 50m 42s	316	ALLAFORT Laura	14m 24s	11,834	5m 04s	F	7	SEF	2 / 26	0h 50m 40s	
54	0h 50m 47s	346	HAMEL Francois	14m 29s	11,815	5m 05s	M	47	M3M	7 / 15	0h 50m 45s	LEYRENNE AC
55	0h 50m 58s	285	MACÉDO Olivier	14m 40s	11,772	5m 06s	M	48	M3M	8 / 15	0h 50m 56s	
56	0h 51m 22s	268	LAMOUREUX Sylvain	15m 04s	11,681	5m 08s	M	49	M2M	7 / 19	0h 51m 09s	
57	0h 51m 34s	258	VAURY Natacha	15m 16s	11,635	5m 09s	F	8	M0F	2 / 13	0h 51m 34s	
58	0h 51m 36s	192	DENYS Ugo	15m 18s	11,628	5m 10s	M	50	SEM	19 / 29	0h 51m 28s	
59	0h 51m 41s	239	MORABITO Olivier	15m 23s	11,609	5m 10s	M	51	M2M	8 / 19	0h 51m 38s	
60	0h 51m 49s	284	NGUYEN Bao	15m 31s	11,579	5m 11s	M	52	M0M	4 / 11	0h 51m 43s	PAS CAP Le Dorat
61	0h 51m 53s	219	HEZARD Nicolas	15m 35s	11,564	5m 11s	M	53	SEM	20 / 29	0h 51m 41s	
62	0h 51m 54s	364	TEDESCO Sophie	15m 36s	11,561	5m 11s	F	9	M2F	3 / 13	0h 51m 44s	
63	0h 52m 03s	311	SCARINGELLA Florence	15m 45s	11,527	5m 12s	F	10	M4F	1 / 10	0h 52m 01s	leyrenne ac
64	0h 52m 03s	280	PRADEAU Jean	15m 45s	11,527	5m 12s	M	54	M7M	1 / 7	0h 51m 59s	LEYRENNE ATHLETIC CLUB
65	0h 52m 30s	210	GARRY Alexandra	16m 12s	11,429	5m 15s	F	11	M3F	2 / 10	0h 52m 22s	Sep Frontenay-Rohan-Rohan
66	0h 52m 31s	360	MARGOT Stéphane	16m 13s	11,425	5m 15s	M	55	M3M	9 / 15	0h 52m 20s	
67	0h 52m 46s	246	PINON Remy	16m 28s	11,371	5m 17s	M	56	M2M	9 / 19	0h 52m 41s	SMAC
68	0h 52m 59s	243	PAROT Olivier	16m 41s	11,324	5m 18s	M	57	M3M	10 / 15	0h 52m 59s	SAM Guéret
69	0h 53m 11s	236	MALARD Florent	16m 53s	11,282	5m 19s	M	58	SEM	21 / 29	0h 52m 57s	
70	0h 53m 20s	170	BUXERAUD Nolwen	17m 02s	11,250	5m 20s	M	59	M0M	5 / 11	0h 53m 12s	
71	0h 53m 23s	295	CANARD DEBARD Cyril	17m 05s	11,239	5m 20s	M	60	M3M	11 / 15	0h 53m 18s	
72	0h 53m 28s	361	SAMMARTANO Jérémie	17m 10s	11,222	5m 21s	M	61	ESM	5 / 8	0h 53m 28s	

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73	0h 53m 31s	211	GERBEAUD Valerie	17m 13s	11,211	5m 21s	F	12	M1F	1 / 15	0h 53m 24s	
74	0h 53m 44s	214	GOUBEAUD Regis	17m 26s	11,166	5m 22s	M	62	M2M	10 / 19	0h 53m 39s	US Argenton Badminton
75	0h 53m 45s	194	DEVANT Anthony	17m 27s	11,163	5m 22s	M	63	M0M	6 / 11	0h 53m 39s	US Argenton Badminton
76	0h 53m 53s	191	DELEPAUL-FOURDINIER Marie-Jea	17m 35s	11,135	5m 23s	F	13	SEF	3 / 26	0h 53m 53s	SAM
77	0h 53m 54s	288	CHAUVET André	17m 36s	11,132	5m 23s	M	64	M7M	2 / 7	0h 53m 52s	BOUSSAC RUNNIG
78	0h 53m 56s	359	DUBOIS Bastien	17m 38s	11,125	5m 24s	M	65	ESM	6 / 8	0h 53m 54s	
79	0h 53m 58s	270	PARLON Isabelle	17m 40s	11,118	5m 24s	F	14	M3F	3 / 10	0h 53m 58s	
80	0h 54m 10s	323	CHABENAT Guillaume	17m 52s	11,077	5m 25s	M	66	SEM	22 / 29	0h 54m 05s	Crevant running
81	0h 54m 32s	322	DUMAIS Jean Francis	18m 14s	11,002	5m 27s	M	67	M2M	11 / 19	0h 54m 26s	Endurance 23
82	0h 54m 41s	156	AUDOUX Thierry	18m 23s	10,972	5m 28s	M	68	M4M	2 / 12	0h 54m 41s	CLUB VTT ARGENTONNAIS
83	0h 54m 55s	296	TEDESCO Fabrice	18m 37s	10,926	5m 30s	M	69	M2M	12 / 19	0h 54m 46s	
84	0h 55m 25s	331	BARTHELEMY Caroline	19m 07s	10,827	5m 32s	F	15	M1F	2 / 15	0h 55m 22s	
85	0h 55m 28s	221	JARZYNSKI Guillaume	19m 10s	10,817	5m 33s	M	70	M2M	13 / 19	0h 55m 23s	
86	0h 55m 34s	264	PIQUET Olive	19m 16s	10,798	5m 33s	M	71	M2M	14 / 19	0h 55m 29s	
87	0h 55m 37s	187	DAULNY Nicolas	19m 19s	10,788	5m 34s	M	72	CAM	1 / 1	0h 55m 30s	
88	0h 55m 43s	157	BARANGER Séverine	19m 25s	10,769	5m 34s	F	16	M1F	3 / 15	0h 55m 40s	
89	0h 55m 43s	279	LUREAU Fabien	19m 25s	10,769	5m 34s	M	73	M0M	7 / 11	0h 55m 43s	
90	0h 55m 51s	195	DIOT Gilles	19m 33s	10,743	5m 35s	M	74	M6M	2 / 2	0h 55m 40s	
91	0h 55m 59s	378	LETANG Maite	19m 41s	10,717	5m 36s	F	17	M2F	4 / 13	0h 55m 59s	ENDURANCE 23
92	0h 56m 02s	248	RAGUÈNE Lise	19m 44s	10,708	5m 36s	F	18	SEF	4 / 26	0h 55m 57s	
93	0h 56m 14s	155	ALLEYRAT Christian	19m 56s	10,670	5m 37s	M	75	M4M	3 / 12	0h 56m 05s	EA Aubusson
94	0h 56m 15s	321	PEYROUX PRUCHON Sabine	19m 57s	10,667	5m 37s	F	19	M2F	5 / 13	0h 56m 08s	Sam tri
95	0h 56m 18s	292	GOUAULT Fanny	20m 00s	10,657	5m 38s	F	20	M0F	3 / 13	0h 56m 18s	SAM Guéret
96	0h 56m 38s	352	AUBÉ Gaëlle	20m 20s	10,594	5m 40s	F	21	SEF	5 / 26	0h 56m 27s	
97	0h 56m 48s	190	DEJOIE Denis	20m 30s	10,563	5m 41s	M	76	M5M	2 / 6	0h 56m 36s	
98	0h 56m 49s	189	DEDUN Bernard	20m 31s	10,560	5m 41s	M	77	M5M	3 / 6	0h 56m 49s	
99	0h 56m 49s	291	LEGER Jean-Paul	20m 31s	10,560	5m 41s	M	78	M7M	3 / 7	0h 56m 49s	GLENIC SPORT NATURE
100	0h 56m 51s	369	MANDON Ophelie	20m 33s	10,554	5m 41s	F	22	SEF	6 / 26	0h 56m 45s	
101	0h 56m 55s	215	GOURSAUD Laetitia	20m 37s	10,542	5m 41s	F	23	M1F	4 / 15	0h 56m 55s	Couzeix Running Club
102	0h 57m 04s	315	MONTAGNON Coraline	20m 46s	10,514	5m 42s	F	24	SEF	7 / 26	0h 56m 54s	
103	0h 57m 19s	185	CORDIER DOHEY Severine	21m 01s	10,468	5m 44s	F	25	M1F	5 / 15	0h 57m 12s	Pas Cap Le Dorat
104	0h 57m 20s	197	DUCHIRON Élodie	21m 02s	10,465	5m 44s	F	26	M1F	6 / 15	0h 57m 14s	Pas Cap Le Dorat
105	0h 57m 21s	201	DUTREUIL Erwan	21m 03s	10,462	5m 44s	M	79	SEM	23 / 29	0h 57m 10s	
106	0h 57m 27s	256	SOUDET Emmanuel	21m 09s	10,444	5m 45s	M	80	M3M	12 / 15	0h 57m 27s	
107	0h 57m 27s	225	LARDELLIER Séverine	21m 09s	10,444	5m 45s	F	27	M2F	6 / 13	0h 57m 27s	SAM Guéret
108	0h 57m 27s	302	VINZENT Eric	21m 09s	10,444	5m 45s	M	81	M3M	13 / 15	0h 57m 22s	

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109	0h 57m 31s	230	LEMAY Hervé	21m 13s	10,432	5m 45s	M	82	M4M	4 / 12	0h 57m 31s	Endurance 23
110	0h 57m 31s	349	FAGEON Marie-Laure	21m 13s	10,432	5m 45s	F	28	M2F	7 / 13	0h 57m 26s	endurance 23
111	0h 57m 37s	231	LONGEAUD Aurore	21m 19s	10,414	5m 46s	F	29	SEF	8 / 26	0h 57m 24s	
112	0h 57m 39s	232	LONGEAUD Quentin	21m 21s	10,408	5m 46s	M	83	M0M	8 / 11	0h 57m 26s	
113	0h 58m 00s	252	ROUSSEL Louis	21m 42s	10,345	5m 48s	M	84	M0M	9 / 11	0h 57m 49s	
114	0h 58m 10s	275	PARADOUX Christophe	21m 52s	10,315	5m 49s	M	85	M4M	5 / 12	0h 58m 03s	
115	0h 58m 10s	283	MAGNIER Vanessa	21m 52s	10,315	5m 49s	F	30	SEF	9 / 26	0h 58m 02s	
116	0h 58m 11s	318	CLAMONT Nathalie	21m 53s	10,312	5m 49s	F	31	M4F	2 / 10	0h 58m 11s	SAM Guéret
117	0h 58m 13s	343	DUPONT Georges	21m 55s	10,306	5m 49s	M	86	M7M	4 / 7	0h 58m 04s	
118	0h 58m 28s	208	FRELAT Clémence	22m 10s	10,262	5m 51s	F	32	SEF	10 / 26	0h 58m 18s	
119	0h 58m 30s	200	DUTREUIL Bruno	22m 12s	10,256	5m 51s	M	87	M4M	6 / 12	0h 58m 20s	
120	0h 58m 37s	228	LAROCHE Clémentine	22m 19s	10,236	5m 52s	F	33	M0F	4 / 13	0h 58m 23s	
121	0h 58m 40s	287	BEAUDROUX Chrystelle	22m 22s	10,227	5m 52s	F	34	M2F	8 / 13	0h 58m 40s	
122	0h 59m 05s	344	CHOLIN Lucile	22m 47s	10,155	5m 54s	F	35	SEF	11 / 26	0h 58m 59s	
123	0h 59m 05s	180	CHOLIN Thierry	22m 47s	10,155	5m 54s	M	88	M4M	7 / 12	0h 58m 56s	BOUSSAC RUNNING
124	0h 59m 17s	241	OVAN Thibaut	22m 59s	10,121	5m 56s	M	89	SEM	24 / 29	0h 59m 12s	
125	0h 59m 25s	164	BILLAT Julien	23m 07s	10,098	5m 56s	M	90	SEM	25 / 29	0h 59m 25s	SPIRIDON LIMOUSIN
126	0h 59m 30s	255	SAUTERAUD Léa	23m 12s	10,084	5m 57s	F	36	SEF	12 / 26	0h 59m 25s	
127	0h 59m 33s	179	CHOLIN Christine	23m 15s	10,076	5m 57s	F	37	M4F	3 / 10	0h 59m 24s	BOUSSAC RUNNING
128	0h 59m 37s	166	BOURLIATAUD Mélissa	23m 19s	10,064	5m 58s	F	38	SEF	13 / 26	0h 59m 28s	
129	0h 59m 38s	337	BOURVELLEC Marien	23m 20s	10,061	5m 58s	M	91	ESM	7 / 8	0h 59m 27s	
130	0h 59m 50s	261	LAMBERT Cécile	23m 32s	10,028	5m 59s	F	39	M3F	4 / 10	0h 59m 50s	
131	0h 59m 54s	250	RIGOLET Emilia	23m 36s	10,017	5m 59s	F	40	SEF	14 / 26	0h 59m 42s	Endurance 23
132	1h 00m 04s	213	GORGEON Alexis	23m 46s	9,989	6m 00s	M	92	SEM	26 / 29	1h 00m 04s	
133	1h 00m 12s	171	CASANAVE Hannah	23m 54s	9,967	6m 01s	F	41	SEF	15 / 26	1h 00m 00s	
134	1h 00m 20s	355	TRIBET Alexandre	24m 02s	9,945	6m 02s	M	93	M1M	6 / 10	1h 00m 12s	Tc aigurande
135	1h 00m 21s	186	DAULNY Laurent	24m 03s	9,942	6m 02s	M	94	M4M	8 / 12	1h 00m 21s	
136	1h 00m 30s	167	BOURRAT-MALTERRE Laurine	24m 12s	9,917	6m 03s	F	42	M0F	5 / 13	1h 00m 30s	
137	1h 00m 30s	235	MAGNIER Marylène	24m 12s	9,917	6m 03s	F	43	SEF	16 / 26	1h 00m 19s	
138	1h 00m 39s	205	FAYARD Laurence	24m 21s	9,893	6m 04s	F	44	M4F	4 / 10	1h 00m 29s	Endurance 23
139	1h 00m 50s	339	MARECHAL Laetitia	24m 32s	9,863	6m 05s	F	45	M0F	6 / 13	1h 00m 35s	
140	1h 00m 51s	320	MAUMY Ludivine	24m 33s	9,860	6m 05s	F	46	SEF	17 / 26	1h 00m 40s	
141	1h 00m 52s	298	AUTOUR Kenza	24m 34s	9,858	6m 05s	F	47	SEF	18 / 26	1h 00m 52s	
142	1h 01m 04s	172	CASANAVE Martine	24m 46s	9,825	6m 06s	F	48	M4F	5 / 10	1h 00m 59s	endurance23
143	1h 01m 04s	293	AUMEUNIER Véronique	24m 46s	9,825	6m 06s	F	49	M0F	7 / 13	1h 01m 04s	SAM Guéret
144	1h 01m 06s	273	LEFORT Karelle	24m 48s	9,820	6m 07s	F	50	M2F	9 / 13	1h 00m 57s	Boussac Running

## La 23 Express - 10 Km (10 km) - 213 arrivants (92 Femmes - 121 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Tps Réel	Club/Equipe/Assoc./Ent.
145	1h 01m 08s	281	GOURGON Romain	24m 50s	9,815	6m 07s	M	95	M2M 15 / 19	1h 00m 58s	Boussac running
146	1h 01m 15s	184	COMBAS Kevin	24m 57s	9,796	6m 07s	M	96	M1M 7 / 10	1h 01m 04s	
147	1h 01m 18s	223	TRIBET Christophe	25m 00s	9,788	6m 08s	M	97	M3M 14 / 15	1h 01m 13s	UNION SPORTIVE DE LA CHATRE.
148	1h 01m 35s	319	MATHOU Ludovic	25m 17s	9,743	6m 09s	M	98	M2M 16 / 19	1h 01m 32s	
149	1h 01m 46s	154	ALEXANDRE Fred	25m 28s	9,714	6m 11s	M	99	M1M 8 / 10	1h 01m 40s	
150	1h 01m 46s	153	ALEXANDRE Émilie	25m 28s	9,714	6m 11s	F	51	M0F 8 / 13	1h 01m 40s	
151	1h 02m 03s	265	LESCHER Pascal	25m 45s	9,670	6m 12s	M	100	M4M 9 / 12	1h 02m 03s	
152	1h 02m 06s	233	LUGUET Fabienne	25m 48s	9,662	6m 13s	F	52	M3F 5 / 10	1h 01m 55s	Endurance 23
153	1h 02m 10s	204	FAURIEUX Aurélie	25m 52s	9,651	6m 13s	F	53	M1F 7 / 15	1h 01m 56s	
154	1h 02m 10s	178	CHEVALIER Florence	25m 52s	9,651	6m 13s	F	54	M4F 6 / 10	1h 02m 10s	ACF DEOLOIS
155	1h 02m 21s	203	FAURE Alain	26m 03s	9,623	6m 14s	M	101	M2M 17 / 19	1h 02m 12s	VTT Argentonais
156	1h 02m 24s	310	ROZET Michel	26m 06s	9,615	6m 14s	M	102	M7M 5 / 7	1h 02m 17s	Leyrenne Athletic Club
157	1h 02m 28s	363	BAZIER Marion	26m 10s	9,605	6m 15s	F	55	M0F 9 / 13	1h 02m 15s	
158	1h 02m 29s	303	KWOLIK Jennifer	26m 11s	9,603	6m 15s	F	56	M0F 10 / 13	1h 02m 15s	
159	1h 02m 32s	162	BERGER Léa	26m 14s	9,595	6m 15s	F	57	SEF 19 / 26	1h 02m 27s	
160	1h 02m 35s	181	CHRISTINET Gilles	26m 17s	9,587	6m 15s	M	103	M5M 4 / 6	1h 02m 33s	
161	1h 02m 35s	169	BUNLON Frederique	26m 17s	9,587	6m 15s	F	58	M0F 11 / 13	1h 02m 33s	
162	1h 03m 03s	183	COCHIN Dominique	26m 45s	9,516	6m 18s	F	59	M4F 7 / 10	1h 02m 58s	
163	1h 03m 05s	282	GOURSAUD Gregory	26m 47s	9,511	6m 18s	M	104	M0M 10 / 11	1h 03m 05s	
164	1h 03m 06s	165	BOUILLET Nelly	26m 48s	9,509	6m 19s	F	60	M1F 8 / 15	1h 03m 02s	
165	1h 03m 28s	286	MACÉDO Anaïs	27m 10s	9,454	6m 21s	F	61	SEF 20 / 26	1h 03m 26s	
166	1h 03m 39s	306	CESTAC Lydia	27m 21s	9,427	6m 22s	F	62	M5F 1 / 3	1h 03m 39s	A . Coureurs fond déolois
167	1h 03m 55s	173	CASANAVE Mathis	27m 37s	9,387	6m 23s	M	105	ESM 8 / 8	1h 03m 43s	
168	1h 03m 56s	151	ADAM Camille	27m 38s	9,385	6m 24s	F	63	SEF 21 / 26	1h 03m 46s	
169	1h 03m 56s	365	ADAM Thierry	27m 38s	9,385	6m 24s	M	106	M4M 10 / 12	1h 03m 56s	
170	1h 04m 09s	244	PICARAT VILLARD Sylvie	27m 51s	9,353	6m 25s	F	64	M3F 6 / 10	1h 03m 58s	
171	1h 04m 09s	175	CHANARD Jean-Christophe	27m 51s	9,353	6m 25s	M	107	M2M 18 / 19	1h 03m 59s	Non licencié
172	1h 04m 15s	207	FREITAS Arthur	27m 57s	9,339	6m 26s	M	108	SEM 27 / 29	1h 04m 06s	
173	1h 04m 15s	242	PAPEIX Amaïa	27m 57s	9,339	6m 26s	F	65	SEF 22 / 26	1h 04m 06s	
174	1h 04m 37s	325	LAVAURE Yolaine	28m 19s	9,286	6m 28s	F	66	M1F 9 / 15	1h 04m 29s	
175	1h 05m 02s	297	BARDET Julien	28m 44s	9,226	6m 30s	M	109	M2M 19 / 19	1h 04m 56s	
176	1h 05m 07s	367	CHALON Christelle	28m 49s	9,214	6m 31s	F	67	M1F 10 / 15	1h 05m 07s	
177	1h 05m 12s	305	CAUDOUX Evelyne	28m 54s	9,202	6m 31s	F	68	M4F 8 / 10	1h 05m 03s	Sam Guéret
178	1h 05m 12s	254	ROUX Jean-Paul	28m 54s	9,202	6m 31s	M	110	M7M 6 / 7	1h 05m 08s	
179	1h 05m 13s	220	HILAIRE Sandrine	28m 55s	9,200	6m 31s	F	69	M1F 11 / 15	1h 05m 05s	ST GENCE ATHLE
180	1h 05m 22s	347	MINELLI Benoît	29m 04s	9,179	6m 32s	M	111	SEM 28 / 29	1h 05m 22s	

## La 23 Express - 10 Km (10 km) - 213 arrivants (92 Femmes - 121 Hommes)

Place	Temps	Dossards	Participants	Ecart	Km/H	Tps/Km	Sexe		Catégorie	Tps Réel	Club/Equipe/Assoc./Ent.	
181	1h 05m 22s	348	BEAUGE Loic	29m 04s	9,179	6m 32s	M	112	M0M	11 / 11	1h 05m 10s	
182	1h 05m 27s	209	GABILLON Baptiste	29m 09s	9,167	6m 33s	M	113	SEM	29 / 29	1h 05m 13s	
183	1h 05m 34s	374	PRIANT Fabrice	29m 16s	9,151	6m 33s	M	114	M3M	15 / 15	1h 05m 22s	
184	1h 05m 38s	276	DUBRAC Delphine	29m 20s	9,142	6m 34s	F	70	M0F	12 / 13	1h 05m 24s	
185	1h 05m 46s	358	MACOIN Christophe	29m 28s	9,123	6m 35s	M	115	M4M	11 / 12	1h 05m 46s	
186	1h 05m 54s	234	MAGAUD Isabelle	29m 36s	9,105	6m 35s	F	71	M3F	7 / 10	1h 05m 45s	
187	1h 06m 08s	182	CIBERT Pauline	29m 50s	9,073	6m 37s	F	72	SEF	23 / 26	1h 05m 54s	
188	1h 06m 13s	263	MATHOU Véronique	29m 55s	9,061	6m 37s	F	73	M1F	12 / 15	1h 06m 08s	M&M&s
189	1h 06m 29s	269	LAMOUREUX Maryse	30m 11s	9,025	6m 39s	F	74	M1F	13 / 15	1h 06m 15s	
190	1h 06m 41s	289	DESAGNAT Sandra	30m 23s	8,998	6m 40s	F	75	M3F	8 / 10	1h 06m 37s	
191	1h 06m 41s	290	DESAGNAT Marine	30m 23s	8,998	6m 40s	F	76	JUF	2 / 2	1h 06m 36s	
192	1h 06m 52s	163	BERGERON Stéphanie	30m 34s	8,973	6m 41s	F	77	M2F	10 / 13	1h 06m 52s	Endurance 23
193	1h 07m 14s	304	BLANCHET Véronique	30m 56s	8,924	6m 43s	F	78	M5F	2 / 3	1h 07m 14s	
194	1h 07m 35s	353	COURET Noémie	31m 17s	8,878	6m 45s	F	79	SEF	24 / 26	1h 07m 24s	
195	1h 08m 06s	152	AFONSO Angelique	31m 48s	8,811	6m 49s	F	80	M2F	11 / 13	1h 08m 06s	
196	1h 08m 20s	159	BARREAU Bernard	32m 02s	8,780	6m 50s	M	116	M5M	5 / 6	1h 08m 20s	Endurance 23
197	1h 08m 30s	196	DUBERNARD Natacha	32m 12s	8,759	6m 51s	F	81	M2F	12 / 13	1h 08m 30s	
198	1h 09m 09s	338	CLEMENT Fabienne	32m 51s	8,677	6m 55s	F	82	M2F	13 / 13	1h 09m 09s	Endurance 23
199	1h 09m 10s	222	KLEIN Noémie	32m 52s	8,675	6m 55s	F	83	SEF	25 / 26	1h 09m 10s	
200	1h 09m 18s	245	PICOUT Blandine	33m 00s	8,658	6m 56s	F	84	M1F	14 / 15	1h 09m 04s	
201	1h 09m 35s	253	ROUX Josiane Sophie	33m 17s	8,623	6m 58s	F	85	M5F	3 / 3	1h 09m 35s	ROUX JEAN-PAUL
202	1h 09m 36s	278	FILLOUX Patrice	33m 18s	8,621	6m 58s	M	117	M4M	12 / 12	1h 09m 25s	CRRF ANDRE LALANDE
203	1h 10m 08s	238	MARSAUD Stéphanie	33m 50s	8,555	7m 01s	F	86	M3F	9 / 10	1h 09m 58s	
204	1h 11m 37s	259	VINCENT Bruno	35m 19s	8,378	7m 10s	M	118	M5M	6 / 6	1h 11m 26s	Endurance 23
205	1h 14m 07s	262	BRUNAU Lilian	37m 49s	8,095	7m 25s	M	119	M1M	9 / 10	1h 14m 04s	
206	1h 18m 13s	308	BASTIAN Claire	41m 55s	7,671	7m 49s	F	87	M1F	15 / 15	1h 17m 59s	
207	1h 18m 13s	161	BASTIAN Sylvain	41m 55s	7,671	7m 49s	M	120	M1M	10 / 10	1h 17m 59s	
208	1h 20m 58s	199	DURAND Marie	44m 40s	7,410	8m 06s	F	88	SEF	26 / 26	1h 20m 46s	Rrunning
209	1h 21m 17s	373	PERRIER Daniel	44m 59s	7,382	8m 08s	M	121	M7M	7 / 7	1h 21m 13s	Leyrenne AC
210	1h 31m 38s	247	RACLIN Valerie	55m 20s	6,548	9m 10s	F	89	M4F	9 / 10	1h 31m 22s	
211	1h 44m 06s	300	LEFORT Audrey	7m 48s	5,764	10m 25s	F	90	M0F	13 / 13	1h 43m 49s	
212	1h 57m 34s	341	LAUNOY Sophie	21m 16s	5,103	11m 45s	F	91	M3F	10 / 10	1h 57m 18s	Particulier
213	1h 57m 34s	313	LAUNOY Nathalie	21m 16s	5,103	11m 45s	F	92	M4F	10 / 10	1h 57m 34s	Particulier